## NATIONAL ASSOCIATION OF LETTER CARRIERS



JEROME J. KEATING BRANCH NO. 9 5831 CEDAR LAKE ROAD SOUTH ST. LOUIS PARK, MN 55416

(612) 781-9858

FAX (612) 781-9849

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Dear Brothers and Sisters of Branch 9.

Last weekend two letter carriers in the Minneapolis Installation were robbed at gun point while delivering their routes. Joe and I have both reached out to these carriers to offer the Branch's support and assistance.

The most important thing to note is both carriers were not physically harmed but in situations like this, it is not uncommon for the person(s) affected to develop Post-Traumatic Stress Disorder (PTSD). Which means these incidents will be treated as a traumatic injury.

If you ever end up in a similar situation as these two carriers, please, for your own safety, do the following:

- 1. Take a deep breath and try to stay calm. Give them what they want (mail, keys, cellphone, purse, wallet, etc.). Your safety is more important than any material item.
- 2. When it is safe to do so, call 911 to report the robbery. Try to remember as many personal details as possible such as their height, weight, hair color, ethnicity etc. If they are in a vehicle try to remember the make, model and plate number. The more details you give to the police the better chance they will find and arrest person(s) involved.
- 3. Call your supervisor, steward and safety captain to report the incident. **DO NOT FINISH YOUR ROUTE**.
- 4. Seek medical attention immediately!
- 5. If you have not already done so, register for EComp at <a href="www.ecomp.dol.gov">www.ecomp.dol.gov</a>. Once you are registered, log in and file a CA-1, Traumatic Injury.
- 6. Stewards will need to confirm that your management completes the Accident Report, checks the box for continuation of pay and gives the affected carrier a CA-16 which is an authorization for medical treatment form.
- 7. Follow your doctor's instructions and do not report back to work until they instruct you to do so.
- 8. Call the branch office, talk to the president or executive vice president.

If you have not done #5, please do so at <a href="www.ecomp.dol.gov">www.ecomp.dol.gov</a>. You can register for the account prior to filing a claim. Registering is a proactive way of taking care of the necessary steps if you need to file any type of claim.

We will be attempting to work with the USPS to develop a procedure to address these issues if they occur again.

Please keep the two affected carriers in your thoughts and prayers.

In Solidarity,

Scott Bultena President

Branch 9 NALC

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