

VOLUME 75 No 2

Official Publication of Branch Nine, NALC

March 2023

## Remembering the Day the Mail Stopped

At 12:01 a.m. on March 18, 1970, a courageous band of letter carriers in New York City launched what is now called the Great Postal Strike. On its 48th anniversary, the NALC remembers their actions and the legacy it left.

It's important to put the strike in its context. Postal workers had suffered a 50-year losing streak beginning with World War I. Pay scales were frozen, then cut back, and even the "happy days" of the 1950s passed them by as President Eisenhower vetoed four postal salary bills.

By 1967, things were so bad that post office job turnover was around 25 percent a year. Under the gun from their bosses, local managers became increasingly authoritarian and letter carriers became increasingly exasperated and tired of being bullied and denied a living wage.

The National Association of Letter Carriers was caught between a political rock and a legal hard place—a political establishment unwilling to deliver good wages, a decent workplace, and there was a legal ban on strikes by government employees.



At the stroke of midnight, members of Branch 36 began throwing up picket lines around post offices throughout Manhattan and the Bronx. Within hours, other branches joined in and the wildcat strike spread across the land.

There is much more to this story, as told in the NALC history, Carriers in a Common Cause, but the key result was the adoption of the Postal Reorganization Act of 1970, which created the U.S. Postal Service. The act gave postal unions the power to bargain for wages and benefits, and the ability to arbitrate contract disputes and enforce members' rights.

As bargaining begins on a new national agreement, we take a moment to say **THANK YOU** to the men and women who put their jobs on the line to protect themselves and the carriers who have followed in their footsteps.



From the NALC  
Postal Record  
<https://nalc.org/about/our-history/carriers-in-a-common-cause>

## RETIREMENTS



Mike Erhard (Elmwood) last punch  
with steward Nick Skogman.  
Best Wishes!

## NEW MEMBERS

Jenny Calderon  
Garrett Christianson, Sr.  
Lamine Gueye  
Ryan Hanzal  
Cody Hardy  
Isaiah Jackson  
Madison Kelly  
Brian Lund  
Amanda Moen  
Abby Morris  
Jonathon Murry Jr.  
Nathan Scoville  
Cody Siskoff  
Jannica Soriano  
Renett Tejada Diaz  
Hendrik Van't Hof  
William Zastera  
Sean Zitzer

## IN MEMORIAM

Ronald Lawrence  
Ron was a 55+ year Branch 9 member  
and spent 30+ years as the PAL 9  
Treasurer



## Hello Veterans!

It was brought to our attention that the Veterans list on the front page of November's Branch 9 News was incomplete. The oversight was not intentional, and we sincerely apologize. We received our list from NALC National Headquarters, so if your name was missing, they don't have you listed as a veteran in their records. We can help with that. If you are veteran and were not listed in the November Branch 9 News, please email Angie (angie@branch9nalc.com) or call her at 612-781-9858 with your name and which branch of the military you served. We will update this information with National.

We are proud of the contributions of every one of our military members, and we want to be sure no one is excluded. We've included a list below of those we have been notified were omitted last month. If your name was missed, please let Angie know asap, so that we can publish the rest of our valued veteran members in the next Branch 9 News.  
Thank you for your service:

Jeff O'Rourke  
Mark Miskowicz  
Thomas Hoban  
Susan Hoban  
Robert Logelin  
Scott Stanton  
Ken Lucas  
Robert Bentler  
David Thompson  
Doug Sundt  
Terrance Cierzan  
David Ayres  
Curtis Britz  
John Hanna  
James Jaros  
Kenneth Bedard  
Ray Davis  
Lawrence Schuster  
Richard "Groucho" Patterson  
Gary D Nelson  
James Hiben  
Robert Hagberg  
John Nagen  
Doug Darsow  
Rodney Dirx

Branch 9, NALC  
5831 Cedar Lake Road South  
St. Louis Park, MN 55416

Voice: (612) 781-9858  
Fax: (612) 781-9849  
Website: [branch9nalc.com](http://branch9nalc.com)

### Branch 9 Officers

**President**  
JoAnn Gilbaugh

**Exec. Vice President**  
Scott Bultena

**Recording Secretary**  
Robb Petersburg

**Treasurer**  
Christa Abraham

**Financial Secretary**  
Stacey Ellingson

**Editor**  
Jeremy Rothstein  
[branch9news@branch9nalc.com](mailto:branch9news@branch9nalc.com)

**Sergeant at Arms**  
Ronaale Bolden

**Trustees**  
Latasha McCaleb  
Ryan O'Neill  
Joe Tiemann

**Director of Retirees**  
Melia Derrick

**NALC Health Benefits Rep.**  
Ken Jambois  
HBR: (763) 370-1392

The Branch Nine News is a monthly publication of NALC Branch 9, and is published in the interest of and for the members of NALC Branch 9.

The opinions expressed by the writers are not necessarily those of the OFFICERS, or of NALC Branch 9.

**Articles MUST be submitted to the editor by the 1st of the month, and must be signed.** The Editorial Staff reserves the right to edit or refuse to print articles which are derogatory in nature.

Any official NALC organization may reproduce our articles provided appropriate credit is given.

## PRESIDENT'S REPORT

Our current staffing and resulting work conditions are unacceptable and have been getting increasingly worse for the past three years. Contrary to Management's belief, this is unsustainable. Carriers are both emotionally and physically exhausted. More and more, this exhaustion is so extreme, they are forced to obtain workhour restrictions in order to function and carry on.

Rather than face the fact that they have failed at staffing, Management has returned to an old familiar narrative; it is the carriers' fault. They reason that if there weren't so many carriers on restrictions, the problem of open routes and untimely delivery would be solved. This stance is nonsensical. At the last count that we were given, we are at least 140 people short of our allowed complement of PTF's in Minneapolis. Those PTF's we do have are being converted to regular faster than new carriers can be hired.

Along with this blame game, Management also lays an expectation that we have a shared responsibility to bring in new hires. While it is proven that referrals have a better retention rate, it is a hard sell. This is a great job and career when things are good, but it hasn't been good for a long time. With no end in sight, it is difficult to encourage someone to apply for the job. Then again, if we don't lead the way, who will? Management hasn't been able to figure it out. Our Branch Staffing committee is back at work, looking for solutions to make a difference locally, to the extent possible.

Just as Management lays the delivery and staffing issues at the carriers feet, a growing number of carriers blame "the union", insisting that we have the ability to fix things, but just don't care to or want to. The frustration that everyone feels is genuine, and the answers are not always

what carriers want to hear. At our station visits, the problems and anger that are voiced are real. Everyone wants to know what the union is doing about it.

We want to make sure that everyone is heard, so we have planned a Rap Session with our National Business Agent, Patrick Johnson. It is going to be held at the Crystal VFW, 5222 Bass Lake Road, Thursday, March 23rd at 7:00 p.m. In addition to speaking about our current work environment, Patrick will field your questions. This is your meeting. It will provide the opportunity to explain what is happening daily in our craft. You will be able to ask the hard questions, have the ability to give suggestions for improvement and gain knowledge of what is being done on the Union's side to make things better. Please plan to join us for this important meeting.

Getting Postal Reform passed was huge for the health and welfare of the postal service. But besides making our employer more stable and viable, what was in it for us? It's too soon for us to see any positive trickle down that affects our daily plight. Now that we have jumped that hurdle, it's time to focus on the employees. Our contract talks started last month at the National Level. A major discussion and negotiating priority for the NALC is staffing. There is a video and transcript of National President Brian Renfro's contract negotiation opening statement on the NALC.org website.

A motion was passed at the February GMM to have a press conference and rally in front of the Minneapolis Main Post Office on Sunday, April 2nd. It is being billed as "Safety, Staffing and Service – Letter Carriers Need a Raise". Other unions, the media and politicians are being invited to attend, along with all of you, of course! The purpose is to inform and gain support from the public, and to influence the current contract negotiations in D.C. We hope



**JoAnn Gilbaugh**

that you will consider taking the time to join us. More information will be forthcoming at the next General Membership Meeting, and through flyers, emails, etc.

To be perfectly clear, this is a rally. It is not a strike or endorsement of a work stoppage or slow-down, which are all fire-able offenses, not to mention against Federal Law. I say this, because we have been informed that carriers have been encouraged or told by some that those scheduled on Sundays do not have to report to work if they are also scheduled on their day off. Or, they do not have to report to work on Sunday because it is a NS day. Carriers are being told there will be no consequence of not showing up to work when scheduled. This is not true. When you are scheduled to work on a Sunday, it is expected that you will report to work. It's safe to say at least 9 out of 10 carriers don't want to work on Sunday, but, as with other situations or contract violations, the rule is obey first, grieve after. It's not ideal, but it can save you from discipline.

We haven't experienced hardships like this for decades. In fact, we haven't experienced anything like this in a large part of our carrier's lifetimes. We need to continue to stick together, do our best to support each other and not tear each other down. That is what a union is about – solidarity through both good and bad times.

In Solidarity,  
Jo



*To not only survive, BUT TO PROSPER,  
we must keep the lines of communication open,  
share ideas, concerns and information.*

**ALL MEMBERS WELCOME!**

## **BRANCH 9 RAP SESSION**

with

**NAT'L BUSINESS AGENT,  
PATRICK JOHNSON,**

*Branch 9 President, JoAnn Gilbaugh and  
Executive Vice President, Scott Bultena.*

**Thursday, March 23<sup>rd</sup>, 2023**

**7:00 pm**

**CRYSTAL VFW**

**5222 Bass Lake Road**

**Crystal, MN**

### **AGENDA**

- *Open discussion regarding the issues and challenges that Branch 9 Letter Carriers face on a daily basis.*

# Exec. Vice President's Report

We are living through unprecedented times. Never has the Letter Carrier craft been so ridiculously understaffed. Everyone is working excessive hours and coupled with the harsh winter that we have had, there is no better way to say it than life for letter carriers is extremely tough right now.

Many carriers have been physically and mentally injured because of the excessive hours and harsh winter weather. So where do you turn for relief when you are hurting? We cannot expect management to lighten our load for us to properly heal so we have been turning to the medical community for help. There are hundreds of carriers on work restrictions right now in the Minneapolis installation and our associate offices.

Recently management has been requiring carriers to provide updated medical restrictions. Management has a right to do this, but their requests need to be reasonable. If a carrier has a long-term condition and their doctor states in their restrictions that they need to be seen again in 6 months, it is not reasonable for management to require the carrier to get updated restrictions every month.

Management is working with occupational health to look over carriers' restrictions and they are not accepting some of them based on the wording of the note. For example, a medical note that states, "carrier x is under my care. For medical reasons, I recommend that he work no more than 8 hours

per day and 5 days per week." Management most likely will not accept this note for three reasons.

1. The wording "under my care" does not indicate a recent visit, it only shows that the carrier has been to this clinic in the past.
2. The wording "I recommend" is just that, it is a recommendation not a restriction.
3. The note is open-ended, there is not a follow up date.

A better note and one that management must abide by looks like this, "carrier x was seen by me on February 1, 2023. For medical reasons, carrier x is restricted to 8 hrs. of work per day and 5 days per workweek. Follow up appointment with me in 3 months."

If management does not accept your medical documentation you may need to reach out to your doctor to re-write the note.

It is important that when you are on restrictions to abide by the restrictions and not exceed them. The responsibility to abide by the restrictions is the responsibility of the carrier. In most cases, management is not going to keep you to your doctor's ordered limits. Management, in most cases, would love to see exceed your restrictions. It is important to remember that the reason the doctor has put you on restrictions is to allow you time to heal and that is not going to happen unless you do what the doctor orders.

If management gives you more



**Scott Bultena**

than you can handle, please let them know this in the morning by telling them when they do the morning go around and by filling out a help slip. Call them in the afternoon to remind them that you were given too much work and you need to abide by your medical restrictions. At the end of the day, call them to let them know you will be bringing mail back in order to stick to your restrictions. Be polite, yet firm and do not exceed the hours that you are medically limited to.

It is sad when management looks at carriers suspiciously when they submit work restrictions. What is even more troubling is when other carriers look suspiciously at other carriers. We don't know where people are coming from and what issues they are dealing with physically and mentally so please do not judge others. Please wish them a speedy recovery and encourage them to abide by their doctors' orders. In doing so, we are standing in solidarity with them.

In Solidarity, Scott Bultena



Br. 9 Retired Letter Carrier  
Kerry Herdine  
Home: 952.854.2655  
Cell: 612.805.8407

## AME'S UNIFORMS

**OUR BUSINESS IS MAKING YOU LOOK GOOD!**

We offer "Life of the Garment" guarantee.  
If fixable we will repair your uniform at no cost to you.  
Take waist in/out and change hem length

**Ame's Uniforms are a UNION PREFERRED vendor**

# Adult Learners Scholarship

## Leonard A. Larson/ Barry J. Weiner Scholarship

**Adult Learners,  
please submit your scholarship  
application to Branch 9 by  
May 23, 2023 or bring to that  
night's GMM**

**Leonard A. Larson/Barry J. Weiner  
Adult Learner Scholarship  
Application Form**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Active or Retired \_\_\_\_\_

Work Unit \_\_\_\_\_

**Two (2) \$1,000 scholarships will be awarded.**

The following rules apply to the two scholarships:

- A. Any member active or retired in good standing of Branch 9 is eligible for one of the two scholarships.
  - B. The scholarships may be used for any accredited trade school, vocational/technical institute, community college, or university. The Adult Learner Scholarships may also be used for any community, county or state adult educational program.
  - C. One name will be drawn for each scholarship. The first name picked will be the winner. The winners of any drawing will not be eligible for the other drawings.
  - D. The application for the drawings will run in the March and April issues of the Branch Nine News. The drawing will be held at the May General Membership Meeting. The applications shall contain the following information:
    1. The applicant's name, address, and home phone number.
    2. Whether active or retired.
  - E. Payment to the winners will be made after they have enrolled and can show proof of payment towards their tuition.
  - F. Benefits under the Adult Learner Scholarships expire one year from date of drawing.
- Members who plan to attend an accredited education institution should complete the application and return it to the Branch Office by May 23, or bring to that night's General Membership Meeting.



## Nellie Stone Johnson Scholarship A Labor and Education Partnership

This scholarship provides financial assistance to racial/ethnic minority union members and their families who wish to pursue post-secondary education at one of Minnesota's State Universities or at one of the two year community and technical colleges that are part of the Minnesota State colleges and Universities (MnSCU).

Application for 2023 - 2024 academic year now being accepted.

<http://www.nelliestone.org>

# Director of Retirees Report

Branch 9 lost Ron Lawrence, a Wildcat Striker this past January. He was a 55 plus year NALC member and a warrior for Letter Carrier causes. Serving for decades as treasurer for PAL 9, Ron literally wrote the book on how to manage political fundraising. This organization has brought us many political allies in Congress like Betty McCullum and Angie Craig. He toughed it out through many battles culminating in the recent Postal Reform Act and would have loved to see the end to WEP— Windfall Elimination Provision which negatively affects our CSRS retirees. A Retiree of the Year in 2006, Ron will be missed.

Some members of Congress are playing games again refusing to pay the country’s bills unless spending for the coming year is decreased. So, where might these cuts come from? Neither party is known for lowering the Defense Department budget. So, cuts are projected to be proposed from Social Security and Medicare. The Republican Study Committee proposed a budget for fiscal 2023 that would gradually increase the eligibility ages for Social Security and Medicare and change the Social Security benefit formula for people 54 and younger, while not changing it for people closer to receiving benefits. The noise since Biden’s State of the Union address is “hands off Social Security and

Medicare.” Since abolishing these programs has been a Republican goal since their inception, we shall see.

Another proposal is to strengthen Social Security with the Social Security Expansion Act which would:

- **Extend the solvency of Social Security for 75 years by requiring the wealthiest American households to pay their fair share of taxes.** This legislation would lift the \$147,000 a year cap and subject all income above \$250,000 to the Social Security payroll tax. Under this bill, over 93 percent of households would not see their taxes go up by one penny.
- **Expand Social Security benefits across-the-board for current and new beneficiaries.** Under this bill, Social Security benefits for current and existing recipients would be increased by \$200 a month.
- **Increase Cost-Of-Living-Adjustments (COLAs).** This bill would more accurately measure the spending patterns for seniors by adopting the Consumer Price Index for the Elderly (CPI-E). Older Americans, spend a disproportionate amount of their income on health care and prescription drugs and that would be reflected in the formula for calculating COLAs under this legislation.

So, chose your position: Expand



**Melia Derrick**

and stabilize a program keeping many seniors out of poverty or reduce the program endangering the fiscal well-being of senior citizens.

The Retiree Banquet is fast approaching. Save the date, May 7th the traditional Sunday for the banquet. This is a well-attended event for retirees with good food, company and a time to celebrate the Retiree of the Year. This year we will have one. People are out and about doing great things.

Also returning this May is the Food Drive. The format will be changed and retirees may be called on to help in the collection in new ways.

Stay Tuned In,  
Melia Derrick



## Cribbage Tournament

has been rescheduled for

**May 17th 10-12:30, at Branch 9.**

**\$2 buy in for cribbage tournament.**

Other card games offered for non-cribbage players.

Sloppy Joes, chips and beverages provided.





## The Stamp Out Hunger Food Drive

The National Letter Carrier Food Drive commenced because of a discussion in 1991 by several leaders at the time, including NALC President Vincent R. Sombrotto, AFL-CIO Community Services Director Joseph Velasquez and Postmaster General Anthony Frank. A pilot drive was held in 10 cities in October of 1991, and it proved so successful that work began immediately on making it a nationwide effort.

The Stamp Out Hunger Food Drive has always made a powerful impact on communities. The Stamp Out Hunger food drive is initiated on the second week of May because during this period food pantries normally run low on donations after several holidays such as Thanksgiving and Christmas. Hunger continues to be an effort that many face daily. It has been 3 years since the NALC could safely participate in a physical food drive, it is imperative we continue this effort to fight hunger.

The Stamp Out Hunger food drive has always united the NALC and the community. The solution to reduce hunger in our communities is going to take a collective effort. The food drive not only unites the NALC with the community it also unites us with one another. This will require us to work collectively with one another to make contributions to food pantries locally in our communities. There is such an urgency for food that most local grocery stores are empty. Food is in high demand. Many food pantries rely on our contributions to help the homeless and anyone that is facing hunger insecurities. The NALC is committed to help eliminate hunger in the neighborhoods we service.

Latasha McCaleb  
Branch 9 Food Drive Cord.

## 2023 Minnesota AFL-CIO Labor Leadership Grants

**Sponsored by the Minnesota AFL-CIO for members of affiliated unions seeking to develop their abilities and skills as union leaders.**

### **The Tobey Lapakko Labor Leadership Grant** ***(a total of \$1,000 in grants will be awarded)***

Available to women who are union members in good standing to help defray the cost of classes, programs or conferences sponsored or endorsed by the AFL-CIO or affiliated organizations.

### **The Charles McKenna Leadership Grant** ***(a total of \$1,000 in grants will be awarded)***

Available to men who are union members in good standing to help defray the cost of classes, programs or conferences sponsored or endorsed by the AFL-CIO or affiliated organizations

### **Martin Duffy Adult Learner Scholarship Award** ***\$500 Tuition Scholarship for use at any accredited University, College or Vocational School.*** ***Two Scholarships are awarded each year.***

No academic performance standards or records required for eligibility. Awards must be used within one year of receipt of notification letter.

***Please submit ONLY one application.***  
***Duplicate entries will be disqualified.***

***Information and applications available at***  
***<http://www.mnaflcio.org/about/scholarships-awards>***



# 2023 Minnesota AFL-CIO Scholarships

## UNIVERSAL APPLICATION FORM

(Entry Deadline: May 1, 2023)

The Minnesota AFL-CIO sponsors scholarships for high school seniors graduating in 2023. There are three requirements for the Minnesota AFL-CIO scholarships. To be eligible, you must:

- be a **union member** or a **dependent** of a union member whose local union is affiliated with the Minnesota AFL-CIO;
- have a **straight “B” average** or better (*2.0 in a 3.0 grade point system/3.0 in a 4.0 grade point system*);
- attend a post-secondary institution located **within the state of Minnesota**.

Winners will be selected by the Minnesota AFL-CIO Education Committee.

Please submit **ONE** application only. Duplicate entries will be disqualified.

**Select One Option Only:**

Applying for college or university

**DAVID K. ROE SCHOLARSHIP**

*(two \$1,000 scholarships awarded)*

David Roe served as president of the Minnesota AFL-CIO from 1966 – 1985 and is President Emeritus.

**HUBERT H. HUMPHREY MEMORIAL AWARD**

*(two \$1,000 scholarships awarded)*

Hubert Humphrey served as U.S. Senator from Minnesota, and Vice President of the United States.

Applying for vocational/technical

**DONALD PILLA MEMORIAL AWARD**

*(one \$1,000 scholarship awarded)*

Donald Pilla was a young union trade unionist killed on the picket line.

**PART 1 – TO BE COMPLETED BY THE APPLICANT:** (Please print or type)

**Applicant** \_\_\_\_\_  
Last First Middle

Home Address \_\_\_\_\_  
Street City State Zip

High School \_\_\_\_\_ Year of graduation \_\_\_\_\_

Parent’s Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
(or Guardian)

Home Address \_\_\_\_\_  
Street City State Zip

AFL-CIO Local Union Affiliated with the Minnesota AFL-CIO \_\_\_\_\_  
Local No. Name of International Union

~ OVER ~

**PART II – TO BE COMPLETED BY APPLICANT:** (Please print or type)

Date of birth \_\_\_\_\_ Age last birthday \_\_\_\_\_

What is your post secondary education objective? \_\_\_\_\_  
\_\_\_\_\_Which College, University or Vocational Technical or Trade School located *within the State of Minnesota* are you planning to attend? \_\_\_\_\_**PART III – TO BE COMPLETED BY LOCAL UNION OFFICER :** (Please print or type)I certify that \_\_\_\_\_  
(applicant or parent or legal guardian of applicant)is a member in  
good standing of \_\_\_\_\_ Local No. \_\_\_\_\_  
Name of International Unionand has held membership in this local union for a period of one year prior to the date of this scholarship application, and that *our local union is an affiliate of the Minnesota AFL-CIO* (a requirement for the applicant's eligibility).Local Union Officer \_\_\_\_\_  
Name TitleAddress \_\_\_\_\_  
Street City State Zip

Signature of officer \_\_\_\_\_

Date \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

**PART IV – TO BE COMPLETED BY HIGH SCHOOL PRINCIPAL, COUNSELOR OR ADVISOR:**

This applicant has at least a straight "B" average in senior high school.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Principal or Counselor or Advisor**SPECIAL NOTE TO COUNSELOR:** After Parts I, II, III, and IV are completed, please attach to this an official transcript of the applicant's high school record - including that of the first trimester/quarter of senior year - and mail postmarked no later than May 1, 2023 to:

**Minnesota AFL-CIO**  
**Education Committee**  
 175 Aurora Avenue  
 St. Paul, Minnesota 55103  
 (651) 227-7647  
 mnaflcio@mnaflcio.org

**J. Wesley Woods  
\$1,000 Scholarship Application Form**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

High School \_\_\_\_\_

Member parent's name \_\_\_\_\_

Work unit \_\_\_\_\_

School to attend (if known) \_\_\_\_\_

**Jerome J. Keating/Austin B. Carlson  
\$2,000 Scholarship Application Form**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

High School \_\_\_\_\_

Member parent's name \_\_\_\_\_

Work unit \_\_\_\_\_

School to attend (if known) \_\_\_\_\_

**Walter E. Couillard/Eugene P. McNulty  
\$2,000 Scholarship Application Form**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

High School \_\_\_\_\_

Member parent's name \_\_\_\_\_

Work unit \_\_\_\_\_

School to attend (if known) \_\_\_\_\_

**High School Seniors,  
please submit your scholarship  
applications to Branch 9 by  
May 23, 2023**

Every spring, Branch 9 awards three scholarships to graduating seniors: the **J. Wesley Woods Scholarship (\$1,000)**; the **Jerome J. Keating/Austin B. Carlson Scholarship (\$2,000)**; and the **Walter E. Couillard/Eugene P. McNulty Scholarship (\$2,000)**. These awards have made it easier for many students to begin their post-secondary education while honoring the sacrifices and contributions of important Branch 9 Leaders.

The following rules apply to all three scholarships:

A. Any senior graduating from high school and is a dependent of a Branch 9 member is eligible for these scholarships.

B. The scholarships may be used for any accredited trade school, vocational/technical institute, community college, or university.

C. Three names will be drawn for each scholarship. The first name picked will be the winner, then first and second runner-up respectively. The winners of any drawing will not be eligible for the other drawings.

D. The application for the drawings will run in the March and April issues of the Branch Nine News. The drawing will be held at the May General Membership Meeting. The applications shall contain the following information:

1. The applicant's name, address, and home phone number.
2. The name of the applicant's parent or guardian who is a member of Branch 9.
3. The intended school of choice, if known.

E. Payment to the winners will be made after they have enrolled and can show proof of payment towards their tuition.

**Members with dependents who graduate from high school this spring and who plan to attend an accredited educational institution next fall, should complete the applications and return them to the Branch Office by May 23. All three forms should be submitted as there are three separate drawings for each scholarship. Please enter the three scholarship drawings only once.**

## 2023 Proposed By-Law Additions & Changes

### ARTICLE VII BY-LAW COMMITTEE SECTION 2.

#### **Current Language:**

These By-Laws shall not be repealed, altered or amended except by a two thirds vote of the members present at voting. All proposed amendments must be presented in writing to the Recording Secretary no later than the February General Membership Meeting. Changes will be voted on at the regular April General Membership Meeting. A by-law may be brought up at any regular meeting if approved by two thirds (2/3) of the Stewards Board or upon written request of 225 of the members.

#### **Proposed Language:**

These By-Laws shall not be repealed, altered or amended except by a two thirds vote of the members present at voting. All proposed amendments must be presented in writing to the Recording Secretary no later than the February General Membership Meeting. Changes will be voted on at the regular April General Membership Meeting. A by-law may be brought up at any regular meeting if approved by two thirds (2/3) of the Stewards Board or upon written request of 45 of the members.

Submitted by,  
Johnna Lush, Loring Station

---

### ARTICLE I NAME, QUORUM & SPECIAL MEETINGS SECTION 4.

#### **Current Language:**

Branch Steward Board Meetings will be held on the second Tuesday of each month. The General Membership Meeting will be held on the fourth Tuesday of each month. The meetings will be held at 7:00 P.M. The place of the meetings will be determined by a standing motion of the Branch. By decision of

the members in attendance at a General Membership Meeting, future meetings may be combined or cancelled, or meeting night changed for legitimate business reasons.

#### **Proposed Language:**

Branch Steward Board Meetings will be held on the second Tuesday of each month. The General Membership Meeting will be held on the fourth Tuesday of each month. The meetings will be held at 7:00 P.M. **General Membership Meetings will be held in person and broadcast via Zoom. Those members attending via Zoom will be able to fully participate in the meetings, including all forms of participation to which in-person attendees are entitled. Those attending via Zoom will receive full credit for attendance and be eligible for compensation for attendance if applicable. The Sergeant-at Arms will maintain the attendance book for both in person and Zoom participants.**

The place of the meetings will be determined by a standing motion of the Branch. By decision of the members in attendance at a General Membership Meeting, future meetings may be combined or cancelled, or meeting night changed for legitimate business reasons.

Submitted by,  
Chris Pennock, Diamond Lake Station

---

### ARTICLE III OFFICERS, DUTIES, PAY & EXPENSES SECTION 7.

#### **Current Language:**

The Treasurer shall perform the following duties: The Treasurer shall receive, receipt for, and disburse all monies of the Branch, and keep a regular account thereof. He/She shall pay all warrants on him/her by the Recording Secretary voted by

the Branch and signed by the President, and have all accounts receipted upon payment of the same. He/She shall pay all warrants on him/her by the Recording Secretary voted by the Building Corporation and signed by the President, and have all accounts receipted upon payment of the same. He/She will publish a monthly report of Branch expenditures. He/She shall, whenever requested by the President, and at the end of his/her term, make a report showing his/her receipts, disbursements and amount of money on hand; deliver his/her books, papers and money to his/her successor in office, when qualified; and to insure the faithful performance of his/her duties, he/she shall be required to furnish a bond in such sum as the Branch may direct. The Treasurer shall be paid the sum equivalent to 20 hours of Carrier Technician Step P pay each month. The pay increase will NOT take place until November 19, 2022 (11/19/22).

#### **Proposed Language:**

The Treasurer shall perform the following duties: The Treasurer shall receive, receipt for, and disburse all monies of the Branch, and keep a regular account thereof. He/She shall pay all warrants on him/her by the Recording Secretary voted by the Branch and signed by the President, and have all accounts receipted upon payment of the same. He/She shall pay all warrants on him/her by the Recording Secretary voted by the Building Corporation and signed by the President, and have all accounts receipted upon payment of the same. He/She will publish a monthly report of Branch expenditures, **which will include an itemized listing of officer credit card receipts.** He/She shall, whenever requested by the President, and at the end of his/her term, make a report showing his/her receipts, disbursements and amount of money on hand; deliver



## 2023 Proposed By-Law Additions & Changes

his/her books, papers and money to his/her successor in office, when qualified; and to insure the faithful performance of his/her duties, he/she shall be required to furnish a bond in such sum as the Branch may direct. The Treasurer shall be paid the sum equivalent to 20 hours of Carrier Technician Step P pay each month. The pay increase will NOT take place until November 19, 2022 (11/19/22).

Submitted by,  
Joe Rian, Richfield Station

---

### **ARTICLE VI.D PREPARATION OF BALLOTS AND POST ELECTION PROCEDURES SECTION 11.**

**Current Language:**

~~When an elected office is vacated, the Branch President shall fill all vacancies occasioned by death or otherwise with a person duly qualified until the next regular election.~~

**Proposed Language:**

**A. When an elected office is vacated by death or otherwise, an election following procedures described in Section 12.0 of the NALC Regulations Governing Branch Election Procedures "Voting at Branch Meetings" will be held to fill the vacancy unless such election would have to take place less than 100 days before the next regular election. In this instance, the Branch President shall appoint a person duly qualified to fill the vacancy until the next regular election.**

**B. The Branch President will appoint an election committee and tellers for oversight of this election per Article III sections 13 and 14 of our Branch 9 by-laws.**

Submitted by,  
Joe Rian, Richfield Station

---

### **ARTICLE V RULES GOVERNING COMPENSATION OF DELEGATES SECTION 2.**

**Current Language:**

Effective July 2004, (for future conventions) eligibility for payment of any delegate or alternate will include attendance at nine (9) out of twelve (12) General Membership Meetings of the preceding year for yearly conventions, and/or eighteen (18) out of twenty-four (24) General Membership Meetings of the preceding two (2) years prior to the biennial convention. Verification of attendance will be by meeting attendance book only. Any person unable to meet this eligibility requirement because he or she is incapacitated by a documented extended illness, or on family medical leave shall be exempted from the aforementioned criteria and will be entitled to delegate pay. No National officer receiving funds from the National is eligible for payment from the Branch; no State officer receiving funds from the State Association is eligible for payment from the Branch.

**Proposed Language:**

Effective July 2004, (for future conventions) eligibility for payment of any delegate or alternate will include attendance at nine (9) out of twelve (12) General Membership Meetings of the preceding year for yearly conventions, and/or eighteen (18) out of twenty-four (24) General Membership Meetings of the preceding two (2) years prior to the biennial convention. Verification of attendance will be by meeting attendance book only. Any person unable to meet this eligibility requirement because he or she is incapacitated by a documented extended illness, or on family medical leave shall be exempted from the aforementioned criteria and will be entitled to delegate

pay. **Delegates may receive attendance credit for electronic meeting attendance, if pre-approved by a full-time officer, on a case-by-case basis for valid reasons including, but not limited to vacation, labor and/or Union classes, wintering out of state, and bona fide emergencies.** No National officer receiving funds from the National is eligible for payment from the Branch; no State officer receiving funds from the State Association is eligible for payment from the Branch.

Submitted by,  
Executive Board of Branch 9

---

### **ARTICLE III OFFICERS DUTIES, PAY & EXPENSES SECTION 15.D**

**Current Language:**

Stewards may be immediately suspended from their position by the Branch President for failure to perform their duties or for cause. The steward may appeal his/her removal to the Executive Board and a committee of three (3) stewards appointed by the President within thirty (30) days. Upon receipt of said appeal, the Executive Board and Steward Committee will conduct a special meeting with the carriers from the affected station or branch. The Board and the Committee will then meet to decide to upgrade the suspension to remove or other remedy they deem appropriate. The decision will be decided by majority vote of that group. The Branch President will remain engaged throughout the entire process but will not have a vote on the final disposition of the case.

**Proposed Language:**

Stewards may be immediately suspended from their position by the Branch President for

*Cont'd on page 14*

## **2023 Proposed By-Law Additions & Changes**

Cont'd from page 13

failure to perform their duties or for cause. The steward may appeal his/her removal to the Executive Board and a committee of three (3) stewards appointed by the President within thirty (30) days. Upon receipt of said appeal, the Executive Board and Steward Committee will conduct a special meeting with the carriers from the affected station or **associate office**. The Board and the Committee will then meet to decide to upgrade the suspension to remove or other remedy they deem appropriate. The decision will be decided by majority vote of that group. The Branch President will remain engaged throughout the entire process but will not have a vote on the final disposition of the case.

Submitted by,  
Executive Board of Branch 9

### **ARTICLE III OFFICERS DUTIES, PAY & EXPENSES SECTIONS 3 and 4**

**Add New Language:**  
**Each Branch 9 full-time officer is required to complete and maintain a daily attendance log each pay period. This log must:**

- List begin tour and end tour time and location for each work day
- Record any personal time taken in a regular work day (Monday-Friday)
- Be signed by the full-time officer and submitted to the proper Branch 9 officers before any voucher or check is created each pay period
- Be available for member review at all GMM's

Submitted by  
Pam Donato, Past Branch 9 President,  
Lenny Larson, President Emeritus,  
Branch 9 NALC

### **ARTICLE II**

**Add New Language:**  
**The Branch 9 Building Corporation must present a detailed operating budget at the December General Membership meeting each year (to coincide with the Branch 9 General Budget). At the December GMM, the Branch must present, in writing, a full list of specific budgeted items to be covered by Branch 9 and by Branch 9 Building Corporation, in each of these respective budget proposals.**

Submitted by  
Pam Donato, Past Branch 9 President,  
Lenny Larson, President Emeritus,  
Branch 9 NALC

### **ARTICLE III**

**New Language:**  
**All Branch 9 credit card statements must be available for review by any member at each General Membership Meeting. No Copies or images may be made or taken of said records.**

Submitted by  
Pam Donato, Past Branch 9 President,  
Lenny Larson, President Emeritus,  
Branch 9 NALC

**Branch 9 members will be  
voting on the  
By-Law proposals at the  
April 25, 2023 GMM**

## **RALLY FOR STAFFING, SAFETY, AND SERVICE ON APRIL 2**

Poor staffing levels and mandatory overtime have created a crisis at USPS. National contract negotiations between NALC and USPS began on February 22, 2023, and Letter Carriers need to fight for a contract that addresses the poor working conditions we face.

At the General Membership Meeting on February 28, 2023 a resolution passed calling for NALC Branch 9 to organize a press conference and rally on Sunday, April 2 at the downtown Minneapolis Post Office under the banner "Staffing, Safety, and Service - Letter Carriers Need a Raise".

As public sector workers our best weapon in contract negotiations is public opinion. The American public knows that there have been major delays in mail service in many communities, but they don't necessarily know why. They need to hear from Letter Carriers about the short staffing and poor working conditions at many stations.

The short staffing crisis has impacted every aspect of our job as Letter Carriers. From forcing us to take precious time away from our families and friends, and causing more and more on the job injuries, to worsening morale among Letter Carriers. Every day turns into a crisis with carriers being forced to work 10, 12 and even 14 hours.

A national contract that addresses working conditions, and pay is crucial. The only way to solve the staffing crisis at USPS is by making the Letter Carrier job a desirable job again.

Come out on Sunday, April 2 to rally for Staffing, Safety, and Service, and for a strong national contract. More details will come out and be made available at the March Steward Board Meeting and the March General Membership Meeting.

**Branch 9  
Ron St. Clair MDA Bowl-a-thon**

**Saturday, April 29, 2023**

**LOCATION**

NEW HOPE BOWL  
7107 - 42nd Avenue North  
New Hope, MN 55427

**TIME**

5:30-8:30 PM

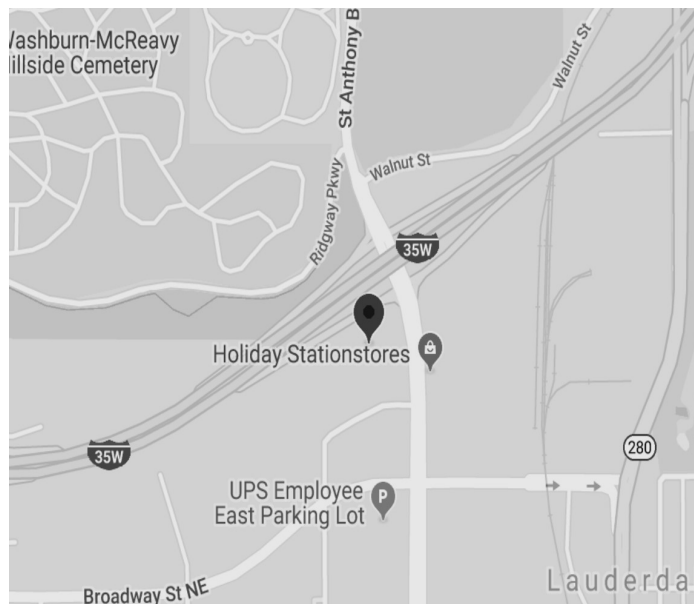
- 
- ◆ 30 lanes of bowling
  - ◆ Teams of 4 - 5 - **FAX your teams including names of the bowlers** to the Branch Office at 612.781.9849
  - ◆ \$40 per bowler - checks made out to Branch 9
  - ◆ \$20 per non-bowler - checks made out to Branch 9
  - ◆ Bowlers will receive 2 games, shoe rental, pizza and a fun filled evening! Cash bar and restaurant on site
  - ◆ Gift Basket Silent Auction, 50/50 and raffle drawings
  - ◆ Contest for best gift basket - Three (3) winning stations will receive donuts
  - ◆ Deadline for registration is **April 21, 2023**
  - ◆ All proceeds will go to MDA

**If you have any questions, please contact  
Ronaele Bolden at the Branch office  
612.781.9858.**

## 2023 Red and Gold Retiree Banquet

# Sunday, May 7, 2023

Delta Hotels by Marriott Minneapolis Northeast  
1330 Industrial Blvd NE, Minneapolis, MN 55413



### TIMES:

Registration: Noon - 1:00PM  
Social Hour: 12:30 - 1:15PM  
Lunch: 1:15 - 3:30PM

### REGISTRATION FEES:

Retirees & Guests - \$12.00/person  
Active Members - \$18.00/person

**\*The Registration Fee for Retirees is refundable upon arrival.\***  
**\*Stewards this event will count as your attendance to the May GMM\***

### 2023 Retiree Banquet Registration Form

Name: \_\_\_\_\_

Name (first and last) of Guest (s): \_\_\_\_\_

New 65 Year Honoree       New 60 Year Honoree       New 55 Year Honoree

New 50 Year Honoree       Retired

Active       Steward      *Amount Enclosed:* \_\_\_\_\_

I would like a ride.

I am willing to be a chauffeur.

Phone #: \_\_\_\_\_

Please call 612.781.9858 or email  
angie@branch9nalc.com to volunteer.

Please return registration form NO LATER than May 3, 2023 to:  
Branch 9 NALC, 5831 Cedar Lake Road, St. Louis Park, MN 55416.



# 2023 RETIREE HONOREE NAMES

## 50 YEAR RETIREES (JOINED IN 1973)

HAROLD R ANDERSON  
 RODNEY E ANDERSON  
 GREGORY G BEDOR  
 ROBERT E BENTLER  
 DOUGLAS DUAX  
 GREGORY FRANK  
 ROBERT G FUGLEM  
 DORIS E GBALA  
 VERNON L GRAGERT  
 GEORGE B GRAY  
 LEONARD T HRNCIR  
 CHARLES R JENNINGS  
 THOMAS J KAISER  
 KENNETH R LUCAS  
 STEVEN D MASTRO  
 RICHARD S PATTERSON  
 CRAIG M SCHOUVIELLER  
 JAMES P SETTEN  
 DOUGLAS R SUNDT  
 ROGER D TANGHE  
 JON D THOMPSON

## 55 YEAR RETIREES (JOINED IN 1968)

GEORGE M ANDRES  
 DAVID O BURANDT  
 ROGER E DONALDSON  
 ROBERT J DONDELINGER  
 JON E FRICK  
 ROBERT C HAGBERG  
 JAMES E HANSEN  
 THOMAS H HOLLAND  
 THOMAS G JENKIN  
 RONALD W KELLY  
 LEONARD A LARSON  
 DAVID P LEBA  
 VICTORIA A LEBA  
 GARLAND T LEUTY  
 TERRY D MILLER  
 GEORGE G MUZETRAS

## 55 YEAR RETIREES (JOINED IN 1968) (continued)

THOMAS J NASSIF  
 JOHN R NELSON  
 ALICE E NOPOLA  
 RICHARD L SCHMIDT  
 LAWRENCE M SCHUSTER  
 WAYNE L SIKKINK  
 FRANK J SMETANA  
 JAMES J SOMMERS  
 RONALD P SUMSTAD  
 DONALD J VOSS  
 CARL H WALSTEN  
 GARY A WEIHN  
 WILLIAM WHRITENOUR

## 60 YEAR RETIREES (JOINED IN 1963)

ROGER E JOHNSON  
 EUGENE MATTHEWS  
 RONALD E ROELKE

## 65 YEAR RETIREES (JOINED IN 1958)

BRUCE A ALLEN  
 DONALD C BEYL  
 DARRELL E DAHLIN  
 CHARLES L FRIEND  
 KENNETH L SYKORA

## 70 YEAR RETIREES (JOINED IN 1953)

RAY F MATUZEK  
 THOMAS J RYAN



### **Retirement Party for NBA Troy Fredenburg**

March 29th, 2023, Wednesday 5-8 PM, Branch 9 Minneapolis will host a party honoring Retired NBA Troy Fredenburg.

Delta Hotels by Marriot located at 1330 Industrial Boulevard NE, Minneapolis.

NALC members are welcome to attend the retirement party. Appetizers and cash bar.

Jerome J. Keating Local Branch 9, National Association of Letter Carriers



### P. A. L. 9 (Political Action League)

Joel Carter  
President

James Fodstad  
Treasurer

Rodney Anderson  
Secretary

BOARD MEMBERS

Bob Baird  
JoAnn Gilbaugh  
Ron Lawrence

Connie Beissel  
Scott Bultena  
Barry Weiner

Melia Derrick  
Lenny Larson  
Ronaele Bolden  
Mike Zagaros

January 2023

Dear Brothers and Sisters,

We are writing to ask for your financial support to continue our work, protecting our right to collective bargaining for pay and working conditions via our Political Action Committee, PAL 9. Our PAL 9 funds are used to engage and support the elected officials of Congress who are committed to empowering working people and sustaining the U.S. Postal Service.

We had a great victory when the Postal Reform Act was passed by Congress in bipartisan fashion and signed into law. This legislation removed the \$5.6 billion annual pre-funding mandate for retiree health benefits, gave us guaranteed 6-day delivery, and modified the Federal Employee Health Benefits Program.

This success does **not remove the need to educate and support our friends in Congress.** PAL 9 supports H.R. 82, the Social Security Fairness Act, which would eliminate the pension offset, allowing retirees who have earned two retirement pensions to receive both in full. H.R. 4268, would allow carriers who have worked in a temporary status, (Casual, TE or CCA), to “buy back” that time to apply to their Postal Service pension. This will provide an increased monthly payment upon retirement. For more information on these bills, go to NALC.org, under the Government Affairs heading.

As Congress continues to govern our workplace, we, as Letter Carriers, must be active and engage in politics at the local, state, and national level. We appreciate your support, which helps make this possible.

Thank you in advance for your contribution,

Joel Carter  
President, PAL 9

James Fodstad  
Treasurer, PAL 9

Rodney Anderson  
Secretary, PAL 9

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Apartment Number)

Address 2: \_\_\_\_\_  
(City, State and Zip)

\_\_\_\_\_ \$25.00 (Annual Dues)

\_\_\_\_\_ Very Concerned Membership (\$50.00 or More)

\_\_\_\_\_ Active Carrier (Station \_\_\_\_\_)

**Clip & Mail To:**

James F. Fodstad  
1238 Westfarm Ln.  
Buffalo, MN 55313

\_\_\_\_\_ Retired Carrier

## The following is a list of Paid Members For January February 2023

### Very Concerned Members

Jeffery Stanko	Renee Hickerson	James Cassell	Ron Sumstad
Charles Rivers	Patrick Rottach	Sharon Spooner	Jeff Sherman
Fredrick Johnston	Joe Bedor	Daniel Loppnow	Linda Olson
Ronald Davis	Ronald Moore	Stacey Ellingson	Thomas Ryan
Bradley Knutson	Bob Baird	David Wallentiny	James Johnson
Russell Flaten	Cyril Toay	Ken Jambois	Larry Blesi
Steve Peterson	Gregory Piela	William Halos	Thomas Buchner
Kent Cleland	Larry Dahlberg	Duane Foyt	Sonia Stark
Karen Schneider	Sheryl Christensen	Peter Schilling	Duane Peterson
Philip Sheridan	Joel Carter	Kieran Hughes	Al Gulden
Wesley Thomas	Don Holthus	Dave Burandt	Harry Sedesky
Roger Johnson	Jeffery Babey	Rodney Anderson	Mark Larson
David Johnson	Donna Wiecks	David Pierson	William Mechels
Samatha Harwig	Greg Bedor	Barry Weiner	James Couillard
Mike Spurbeck	Thomas Hoch	George Muzetras	Dennis Ryan
Kelly Lundgren	John Marszalek	Jeremy Baumgartner	Philip Wixsten
Dale McNellis	Lenny Larson		

### Members

Darrell Maus	Robert Logelin	Terry O'Neil	Gerald Schraber
David Wrzos	Bruce Mackow	David Peterson	Carl Walsten
William Knotz	Rick Rimer	Debra Frank	Lavern Dornbusch
Paul Hultgren	Lori Randolph	Thomas Dvorak	Gerald Arnold
Mike Gravenish	Geno Taddei	Rick Onslow	Thomas Holten
Charles Friend	Joseph Pasiowitz	James Krueger	Gregg Holmes
Gregg Wallin	Bruce Allen	Gary Kroeten	Douglas Lemke
Stephan Boughton	Herman Weider	Clarence Gervais	Scott Bultena
John Burmis	Andrew Olufson	Morris Gross	Katy Johnson
Larry Melander	Robert Masuda	Stephan Wallerius	Alice Nopola
David Schell	Mark Olufson	Robert Czanstkowski	James Hill
Karl Parkos	Pauline Pepper	Dennis Bahn	Wayne Kelash
Jon Frick	Linda Sipe	Mary Hargreaves	Raymond Tranby
Gary Svidron	Doris Swanson Gbala	Mary Skerbinic	Doug Orham
Karma Khampa	Gary Hughes	Roger Harwarth	Curtis Britz
Katherine Bolton	Arnold Johnson	Russell Ofsthun	Alexis Wheeler
Harley Ring	Marlys Fox	Luke Marcott	Timothy Bearth
Michael Mroska	James Nelson	Ned McCraine	Ted Parker
Vernon Zierman	Thomas Busch	Craig Hanschen	Jon Keely
Herb Hess	Larry Schuster	Theresa Oelrich	Jane Hoffman-Weis
Karin Lebak	Michelle Benson	Robert Dondelinger	Jeff Smeets
Larry Mellom	James Hiben	Mark Mellesmoen	Jeanne Spratt
Dale Forde	Norman Cavalier	Michael Bangsund	Mary Fick
Paul Skarman	Scott Randolph	Ken Lucas	Dan Couillard
Gary Weihl	Craig Ites	Teri Koch	David Millette
Brett Thompson	Larry Elfelt	Steve Olson	Dallas Holm
Kim Kline	Douglas Dopp	Paul Eich	

Jim Fodstad  
Treasurer PAL 9

Branch Nine News  
5831 Cedar Lake Road South  
St. Louis Park, MN 55416

Change Service Requested

PRSRT STD  
US POSTAGE  
PAID  
TWIN CITIES MN  
PERMIT NO. 91964

**Stay informed by:**

- \*Join Veterans Group <https://www.nalc.org/member-benefits/join-the-nalc-veterans-group>
- \* Branch9nalc.com (website)
- \* "like" our Branch 9 Facebook Page

**Contribute to the PAC**  
The Letter Carrier Political Fund is the anchor for NALC's legislative and political activities.



[nalc.org/government-affairs/political-activity](http://nalc.org/government-affairs/political-activity)

## **Branch 9 Calendar**

### **March 14**

Steward Meeting  
7:00 PM  
Crystal VFW, Crystal, MN

### **March 23**

Branch 9 Rap Session  
7:00 PM  
Crystal VFW, Crystal, MN

### **March 27-30**

44th Annual Regional Training Seminar

### **March 28**

General Membership Meeting  
7:00PM  
Crystal VFW, Crystal, MN

### **April 2**

RALLY FOR STAFFING, SAFETY,  
AND SERVICE  
@Main Office

### **April 11**

Steward Meeting  
7:00 PM  
Crystal VFW, Crystal, MN

### **April 25**

General Membership Meeting  
7:00PM  
Crystal VFW, Crystal, MN

### **April 29**

Ron St. Clair MDA Bowl-a-thon  
New Hope Bowl  
5:30 to 8:30

### **Northside Retiree Breakfast**

1st Tuesday of the Month  
9:30AM  
Elsie's  
729 Marshall St. NE, Minneapolis

### **N Suburban Retiree Breakfast**

1st Friday of the Month  
8:30AM  
Denny's Restaurant  
9020 Quaday Avenue NE, Otsego

### **Fridley Retiree Lunch**

2nd Tuesday of the Month  
11:30 AM  
Route 47 Pub and Grub  
7820 University Ave