

VOLUME 75 No 1 Official Publication of Branch Nine, NALC January/February 2023

**NALC President
Brian L. Renfroe**

Sees challenges for the new leadership team:
• crime, • staffing • postal operations reorganization

Vows to work to protect letter carriers

On Saturday, Dec. 17, on an evening that served to close the book on one era and mark the beginning of another, Fredric Rolando performed his last act as president by leading new NALC President Brian L. Renfroe and the other 27 recently elected members of the union's Executive Council through the oath of office.

Gathered in the ballroom of the Marriott Marquis Washington, DC in the nation's capital, the men and women chosen to direct NALC for the next four years recited the pledge as prescribed by the NALC Constitution.

Representatives from dozens of NALC branches purchased tickets and attended the dinner ceremony. The crowd also contained friends,

family and labor leaders who came out to support the union's Executive Council. Renfroe spoke:

Let's turn to major challenges facing our union in the months and years to come. We can begin by acknowledging that, despite our best efforts, the working conditions for letter carriers—in what we hope is post-pandemic America—are as difficult as we've seen since the creation of the Postal Service in 1970.

Over the past two rounds of collective bargaining, we've grappled with a staffing crisis that has progressively gotten worse. Massive turnover and staffing shortages, which are drivers of managerial abuse, excessive overtime, and unsafe working conditions—were huge problems even before the pandemic. COVID-19 made these problems even worse.

We've responded in two rounds of bargaining—by significantly

Renfroe cont'd on page 8



NOTICE TO ALL BRANCH 9 MEMBERS
Any proposed amendments to the 2023 Branch 9 By-Laws must be presented in writing to the Recording Secretary no later than the February 28, 2023 General Membership Mtg.

RETIREMENTS



Julie Patnode (Lost Lake) last punch with stewards Jeff O'Rourke and Will Mathes. Best Wishes!



Wayne Chapman (Lost Lake) last punch with stewards Jeff O'Rourke and Will Mathes. Congrats!



Lowell Kvam (Main Office) last punch with Pres. JoAnn Gilbaugh. Happy Retirement!



Gail Eliason (Fridley) with stewards John McGuinness and Perry Korzenowski. Enjoy!



Greg Gisselquist (Lake Street) with steward Annie Burke. Happy Retirement!

Hello Veterans!

It was brought to our attention that the Veterans list on the front page of last month's Branch 9 News was incomplete. The oversight was not intentional, and we sincerely apologize. We received our list from NALC National Headquarters, so if your name was missing, they don't have you listed as a veteran in their records. We can help with that. If you are veteran and were not listed in the November Branch 9 News, please email Angie (angie@branch9nalc.com) or call her at 612-781-9858 with your name and which branch of the military you served. We will update this information with National.

We are proud of the contributions of every one of our military members, and we want to be sure no one is excluded. We've included a list below of those we have been notified were omitted last month. If your name was missed, please let Angie know asap, so that we can publish the rest of our valued veteran members in the next Branch 9 News. Thank you for your service:

Leonard Rardin, Jr.
Daniel P Lyrek
John Hanna
Scott Randolph
Lloyd Matt
Lawrence Czarnacki
Robert Logelin
Gerald William Broman
Allen LaVenture
Robert Bentler
Larry Dahlberg
Ken Bedard
Jim Hamilton
Bob Warden
Marty Weber

IN MEMORIAM

Jerome "Jerry" McGlade
Wade Hedemark

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Director of Retirees

Melia Derrick

NALC Health Benefits Rep.

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The Branch Nine News is a monthly publication of NALC Branch 9, and is published in the interest of and for the members of NALC Branch 9.

The opinions expressed by the writers are not necessarily those of the OFFICERS, or of NALC Branch 9.

Articles MUST be submitted to the editor by the 1st of the month, and must be signed. The Editorial Staff reserves the right to edit or refuse to print articles which are derogatory in nature.

Any official NALC organization may reproduce our articles provided appropriate credit is given.

PRESIDENT'S REPORT

January is Steward Appreciation Month at Branch 9. We provide a meal at the Stewards Board Training, talk about the past year's successes and get feedback on what training is needed. Unfortunately, this year's dinner was not as upbeat. While we have achieved milestone pre-arbitration and arbitration decisions, we are working under bleak conditions that are weighing heavily on everyone.

Our stewards carry a heavy load and are to be commended for stepping up to represent our members in unprecedented times. They take the brunt of the carrier's anger and unhappiness with our horrendous working conditions. Stewards do this, all the while carrying mail, working the long hours and taking the abuse from Management to obtain union time to ensure the contract is upheld. They deserve a big thank you from everyone for everything they have been through in the past year. We continue to receive phone calls daily and have conversations at every station visit with carriers who are at their breaking point. The conditions are inhumane, and it is ridiculous for Management to believe that we can keep this up indefinitely. We cannot. It is a topic that comes up at every weekly Labor/Management meeting. Hold-downs are broken, the new employee agreement is violated, work restrictions are ignored. Truth be told, if the stewards used union time on the clock to file all of their grievances, most stations would be short another carrier at least one day a week. As it is, too many stewards are using what little free time they have when they clock off to write grievances for their stations. Time on the clock to write grievances is a contractual right.

The situation we are in is dire and is not lost on branch leadership. It seems that Management really has no plan, other than to try to stem the bleeding by sending PTF's to-and-fro and delivering mail themselves during peak. What is even more maddening to me than their lack of a plan, is the absence

of a response to the media. I'm not talking only social media; it is mainstream media – television and print. It's reported that customers aren't receiving their mail for weeks at a time. We all know it is not our fault. Carriers are working 14-hour days, sacrificing time with their families that they will never get back. What is the response to the media from the Service? Crickets...just crickets. They have done nothing to inform the public that we are severely understaffed and overworked; that not delivering mail to every household is not our fault, not our choice, and not because we are somehow lazy or just plain don't care.

Rather than own up to their inability to hire enough staff and come up with a plan to make sure that routes don't go days on end without delivery, the Service has chosen to remain silent. The only response from the Service to the media that I have read or heard is the recommendation that people call their local station for a resolution. In other words, the solution, or answer to the complaints is being left in the hands of Station Management, Supervisors and 204B's. Given that most of them are not trained to handle difficult situations, are overwhelmed with the short-staffing and are not inclined to treat us with any compassion, we are destined for disaster. While the grievance procedure is the avenue that we use for the multitude of daily contract violations, we haven't thrown in the towel and left that as our only alternative. As stated previously, we continue to bring the issues to Management, and ask the hard questions. What is their plan to bring people in? What is the plan of survival while we remain short-staffed? Why are station managers allowed to mistreat carriers to the point of mental and physical breakdown? Why are new hires treated like throw aways? The list goes on and on.

The only answer that is acceptable is for Management to stop improperly forcing and working us over our hourly maximum limits.



JoAnn Gilbaugh

Secondary to that, they need to set a plan that allows for a return to non-scheduled days off and respect of our work restrictions. We also have a right to be treated with dignity and respect.

Bottom line is this. You have a right to be upset with the current working conditions. You have a right to be unhappy with how you are treated daily. You have a right to be angry that Management doesn't recognize that you are a person with a life outside of the Service. You have a right to be distressed that you aren't able to provide the service that our customers deserve.

These conditions are turning us against each other. There is a lot of finger pointing going on. We need to remember that we are in this together. There are glimmers of hope. We received our arbitration decisions on the grievances for Brooklyn Center and West Edina. Management was ordered to cease and desist forcing over the 12/60/20 maximum hours. That means that those two stations join St. Louis Park in having right of refusal. A carrier at those stations can refuse to work over the maximum hours without fearing discipline. We are continuing the fight to bring this rule to the entire installation, and the Associate Offices that are experiencing the same violations. In the meantime, be kind to each other, and stay Branch 9 strong. You all did an amazing job during peak and continue to do so daily.

In Solidarity,
Jo

Stamp Out Hunger

The 31st Annual Letter Carriers Stamp Out Hunger Food Drive will be held on May the 13th 2023. This year we will resume doing an in person food drive. It has been 3 years since we had an in person food drive due to Covid and health and safety reasons. I know that there are alot of food shelves that depend on our contributions, so I'm pleased to assist and in any way possible to ensure that we prevent hunger.

It disheartens me to say that we will no longer be partnering with Second Harvest as in the previous years. The food drive this year will signify a new beginning. A lot of time has passed since we've had an in person food drive but I'm confident that we are headed in the right direction. Covid 19 has impacted so many communities that the hunger rate has increased in alarming numbers. Our communities have suffered tremendously; they depend on the effort we do in the food drive. The food drive plays a significant role in so many of our communities that we want to assist in the reduction of hunger.

This year we will be working closely with our local food shelves and food pantries throughout our communities to make this food drive a success. Hunger in our communities continues to be an issue that we face especially with inflation of produce. Due to the lack of resources in our communities the Stamp Out Hunger Food Drive will provide food to countless families to make meals. We are the eyes and ears of so many communities that as

mail carriers we see the impact of hunger first hand. We see the tents of the homeless in our communities and as a member of so many communities it is our duty to do what we can to improve the neighborhoods in which we work. As the homeless grow in the communities, so does hunger.

We are tasked with doing our best and efforts to reduce or eliminate hunger. Carriers are the essence of so many neighborhoods. As

carriers we see the kids go off to school. We watch the elderly go to and fro. We serve and provide a service day in and day out. The Stamp for Hunger Food Drive is a way to give back to the very neighborhoods

that we serve in. I know that what I'm asking of you is additional work to what we do on a daily basis. Our contribution to our communities does not go unnoticed. The efforts that go into this food drive is a collective one. I would like everyone to pull together as I know we can to end hunger in our neighborhoods.

Stewards, please let me know who will be the food drive coordinator at each station as soon as possible if there isn't one you are tasked with stepping up to help toward this effort. One great thing that I know as a carrier is that when we pull together we can achieve anything collectively. This is such a selfless effort that I'm honored to be a part of this food drive. This food drive will strengthen our connection with the communities we serve throughout the week. The Stamp Out Hunger Food Drive will continue to thrive.

-Latasha McCaleb
Food Drive Cordinator



Retirement Party for NBA Troy Fredenburg



March 29th, 2023, Wednesday 5-7 PM, Branch 9 Minneapolis will host a party honoring Retired NBA Troy Fredenburg.

Delta Hotels by Marriot located at 1330 Industrial Boulevard NE, Minneapolis.

NALC members are welcome to attend the retirement party. Appetizers and cash bar.

NEW MEMBERS

- James Babusek
- George Davies
- Adam Estrem
- Frank Hamrick
- Jim Hipp
- Travis Hoyne
- Dauber Jianglisen
- Ashton Jones
- Aaron Klaers
- Micah Martin
- Katelyn McGill
- Austin Morehouse
- Joseph Morris
- Natasha Peterson
- Rachel Peterson
- Trevor Ramlow
- Jonathan Richmond
- Ryan Rutar
- Hassan Sharif
- Josh Storgaard
- Victor Vue-Theissen
- Rochell Webb
- Anyah Wilson
- Jonathan Zagrodnik

Exec. Vice President's Report

Carrier Rights during Office of Inspector General (OIG) investigations

Suddenly, a car pulls up and parks on the street next to where you are delivering mail and you can't help but notice the driver is looking intently at you. A man gets out of the car and approaches you; he reaches into his coat pocket and takes out a badge declaring to you that he is Mr. Ruinmyday from the Office of Inspector General (OIG) and he would like to ask you a few questions. You think to yourself OIG... OMG!! But fear not brothers and sisters. You have rights.

Nationwide the OIG conducts about **4,000 investigations** and 150 audits per year which result in multiple convictions and thousands of dollars in recovered funds for the Postal Service.

4000 investigations! That is a lot of surprise visits from agents like the fictional Mr. Ruinmyday. Don't think that it can't happen to you. If it does happen to you, please keep in mind that you, as a letter carrier, have rights!

NEVER go it alone, ALWAYS demand Union representation.

Weingarten Rights.

Simply put, you have the right to have union-representation when facing an investigatory interview. You must assert this right. Representatives from the OIG or Management do not have to remind you or make you aware of this right. They may even go as far as telling you that you do not need union representation.

If you are approached by someone from the OIG you have the right to tell them that you wish to assert your "Weingarten" rights. If you don't remember the word "Weingarten" that is ok, just make sure that you let them know that you wish to have a union representative available for all questioning.

It is important to remember that at any time during your conversation with an OIG representative you can assert this right. Once you do assert this right the OIG representative has three (3) options to proceed with questioning.

1. Grant the request and delay questioning until the union representative arrives.
2. Deny the request and end the interview immediately.
3. Give the employee a choice of ending the interview or continuing the interview without representation.

Miranda Rights

A supreme court ruling from 1966 holds that not only must a law enforcement official advise you of your rights, but they must also make sure that these rights are understood. Before being questioned by an OIG representative they must inform you that:

1. You have the right to remain silent.
2. Anything you say can be used against you in court.
3. You have the right to talk to a lawyer before being asked any questions and have a right to a lawyer during questioning (and if you cannot afford a lawyer, one will be appointed).
4. If you choose to answer questions without a lawyer present, you have a right to stop at any time.
5. You must be asked. "Do you understand the rights that have been read to you?"

Garrity Rights

The Garrity Rights were developed through a series of Supreme Court rulings dating back over 50 years. In a 1967 ruling (Garrity v. New Jersey), several New Jersey police officers who were targeted in a ticket-fixing investigation were told to respond to questions or face discharge for insubordination. The OIG cannot threaten your job by telling you to answer their



Scott Bultena

questions or your job may be in jeopardy.

The OIG cannot compel you to give them information that would be self-incriminating.

Kalkines Warning

The Kalkines ruling is an attempt to balance the Fifth Amendment's right against self-incrimination with the Supreme Court's holding that the government has the right to have its employees answer questions about the performance of their official duties. In getting this information from employees, according to Kalkines, the Fifth Amendment is not violated so long as the government also grants the employee immunity from prosecution based upon that information.

Kalkines trumps Garrity if the subject is given immunity. Get immunity offer in writing before answering any questions.

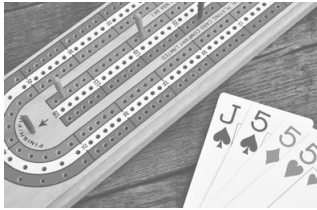
If the OIG or postal inspector ever reads you Miranda Rights and/or Kalkines Warning you should contact an attorney before answering any questions. The Union cannot represent you in legal matters.

NEVER go it alone, ALWAYS assert your rights.

In Solidarity, Scott Bultena

RETIREE CRIBBAGE TOURNAMENT

**Thursday, February 9th
10:30AM**



PLACE:

NALC Branch 9
5831 Cedar Lake Rd
St. Louis Park MN 55416
612.781.9858.

DIRECTIONS:

Take Highway I-394 to Parkdale Dr. then go south,
take a right on to Cedar Lake Rd
Located in the Sunset Ridge Business Park

No Entry Fee

Branch 9 vs. Branch 28

Play for bragging rights

- If you have any questions call the Branch Office at 612.781.9858.
- Bring a friend, your cribbage board and cards.
- Sloppy Joes and refreshments will be provided.

*Non-cribbage players can play Gin Rummy or 500

WE HOPE TO SEE YOU THERE!

Director of Retirees Report

In a lame duck session Congress actually came through and passed the spending bill for 2023. Amazing! This 1.7 trillion-dollar Omnibus bill has a lot in it, some of which will directly affect retirees or those who would like to retire.

It includes the SECURE Act 2.0 with TSP changes. One key takeaway is the age that you must make a Required Minimum Distribution (RMD) which will increase to 73 in 2023. Handling your RMD correctly can save you some tax headaches. The following information is taken from AARP:

“A RMD is the smallest amount you must withdraw from your... [TSP]... The key words here are “tax-deferred.” You postponed taxes on your contributions and earnings; you didn’t eliminate them. Eventually, you must pay tax on your contributions and earnings. RMDs make sure that you do that.

The amount changes each year, according to your age. Start by calculating how much you had in all your tax-deferred accounts as of December 31 of the previous year. Next, find your age on the IRS uniform lifetime table and the corresponding “distribution period.” The distribution period is an estimate of how many years you’ll be taking RMDs. If you’re 73, for example, the distribution

period is 24.7 years, based on your life expectancy. Then divide your balance by the distribution period. Let’s say you have a combined \$100,000 in your tax-deferred retirement accounts. \$100,000 divided by 24.7 is \$4048.58, which is the amount you must withdraw.” [Note these IRS tables are subject to change].

For those people looking to retire there are changes in the catch-up contributions into the TSP. In 2023, individuals over 50 will be able to contribute the maximum amount of \$22,500 plus a “catch-up” amount of \$7,500 for a total of \$30,000. This could be valuable to those OT hogs with extra cash on their hands.

This Omnibus bill is huge. And some politicians are going to use it as a battering ram to come after our Society Security. Count on it. Key Republicans say they will attempt to cut Social Security and Medicare benefits by raising the full retirement age to 70. The Inflation Reduction Act allows drug price negotiations for certain drugs under Medicare B and D and capped insulin prices. Republicans are hoping to repeal these gains. These changes would threaten millions of older Americans who depend on Social Security to remain above the poverty line. Don’t let these changes destroy your retirement or our others.



Melia Derrick

This is a popular program that people want to strengthen (83% of Democrats, 73% Independents and 73% of Republicans support it). They want to fund it by making the wealthy contribute their fair share. Tax the rich.

Stay Tuned In
Melia Derrick



Br. 9 Retired Letter Carrier
Kerry Herdine
Home: 952.854.2655
Cell: 612.805.8407

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Renfroe cont'd from page 1

raising CCA pay, accelerating the transition to career status, and establishing a variety of initiatives designed to improve CCA conditions and to reduce turnover. This approach has been met with limited success.

In the last several months, we've reached agreement with the Postal Service to move hundreds of installations around the country to an all-career model. This has resulted in some improved staffing in these locations. But it is not enough. We must phase out non-career employment in the city carrier craft and significantly raise starting pay to solve the staffing crisis.

This is the goal we will take up in February, when our next round of bargaining begins. But there are solutions we need even before contract talks begin. That's because a wave of crime against letter carriers has taken hold across the country. Increasingly, our members are working in fear because so many of our brothers and sisters are being attacked on American streets by violent criminals. Just a week ago Friday, we lost a member named Aundre Cross in Milwaukee, WI. Aundre was shot and killed in a robbery while delivering mail after dark. He was just 41 years old and had 18 years on the job. He is survived by his wife and four children. It's heartbreaking and appalling. Sadly, such robberies have become commonplace around the country. At our convention in Chicago, this was a huge subject of

conversation. This violence against our members is UNACCEPTABLE. IT. MUST. BE. STOPPED.

[Moment of silence for Aundre]

Let us together make a commitment as a union to do all we can to make it stop.

Why is this violence happening? There was a time not too long ago that nobody would attack a letter carrier, an employee of the federal government and a greatly admired member of every community, even those ridden with crime. That has changed. We know that crime in general rose in America during the pandemic, and that carriers have been targeted by thieves who attempt to steal our keys

protect our members now. Of course, as I mentioned earlier, we will seek lasting solutions to the staffing crisis when we begin work on a new National Agreement in 2023.

Let me repeat what I said earlier: That means moving toward an all-career workforce and significantly raising starting pay. We will also fight to protect and improve all our members' standard of living. To achieve this goal, we will seek general wage increases and fight to preserve our cost-of-living adjustments, which has provided significant, though partial, protection against the surge in inflation we've suffered over the past two years. Another major topic in negotiations will be the

Postal Service's plans to restructure its delivery operations. We recognize that the USPS is attempting to reorganize

its delivery operations in response to a massive shift in the mix of mail over the past two decades—letter volume is down 50 percent and package volumes are up 300 percent over this period.

And we know that our network of delivery facilities has been starved of investment.

We welcome new investments, but the overall restructuring plan will only work if

the NALC is part of the planning and execution of the effort. In this round of bargaining, we will demand to continue to have a seat at the table and increase our involvement to make sure we protect the interests and rights of the men and women we represent.



Branch 9 at the National Installation dinner. Pictured: Christa Abraham, Robb Petersburg, Barry Weiner, JoAnn Gilbaugh, Scott Bultena w/ wife Heather and their daughter Kayla.

with the hope of stealing mail. Protecting our members is and must be our No. 1 PRIORITY. In fact, in recent weeks we have been working with postal management, the Postal Inspection Service and the Office of Inspector General to find ways to deter crime and violence against letter carriers. We have made it crystal clear to all that are charged with protecting postal employees: We need measures to

(read the full article in the January 2023 Postal Record)



NALC Region 7, National Business Agent Patrick Johnson

Johnson was elected national business agent (NBA) for Region 7 (Minnesota, North Dakota, South Dakota and Wisconsin) by acclamation in 2022 at the 72nd Biennial Convention in Chicago.

Following 11 years in the Army, Johnson joined the Postal Service

in 2005 as a letter carrier in Milwaukee, WI, and joined Milwaukee Branch 2. He became a shop steward in 2006 before serving as a full-time Formal Step A representative in 2011. In 2014, Johnson became the lead Carrier Academy instructor in the Milwaukee installation. Johnson was appointed as Branch 2 Mutual Benefit Association representative in 2015 and was elected Branch 2 vice president in 2016. Johnson also served as an arbitration advocate. In 2019, he was appointed as regional administrative assistant for Region 7, a post he held until his election as NBA.



NALC Region 7 NBA Patrick Johnson with Branch 9 President JoAnn Gilbaugh at the Installation of National Officers Dec. 17, 2022.

Johnson graduated from the NALC Leadership Academy in 2014. Johnson emphasized that his focus would be to continue to strengthen the region through training and communication. "It is the responsibility of the regional office to provide training and support to branch and state leaders as well as provide

effective communication to the membership throughout the region," he said.

Johnson has an associate's degree in general studies from Georgia Military College. He has a wife, Evonne, and is the father of five adult children—Chiana, Jared, Sencere, Israel and Christian



New RAA for Region 7 Joel Malkush

NALC President Brian Renfroe appointed Joel Malkush of St. Paul, MN Branch 28 as an RAA for Region 7 (Minnesota, North Dakota, South Dakota and Wisconsin).

NEW ZOOM MEETING RULES:

Due to the conclusion of President Rolando's meeting dispensation on December 31, 2022, changes have been made to our hybrid GMM's to be compliant with the National Constitution and our Branch 9 By-Laws. Zoom will be offered as an observer status only (no voting, chat or speaking functions). Additional constitutional compliance requires all participants to identify themselves by full name and station to attend the meeting via Zoom. To receive the monthly link, you must provide your email address monthly to Angie at the branch office by the Friday prior to the GMM.

Attendance via Zoom for the purpose of delegate convention funding qualification will be determined by approval of a proposed by-law change. A dispensation request has been written to National President Brian Renfroe to operate as follows pending approval by the branch members and National Committee of Laws. Delegates can receive credit towards funding via Zoom attendance, provided they have requested and received an "attendance in person excused status" from a full-time officer. We have requested dispensation from National President Renfroe to operate in this manner beginning now until which time the by-law is approved or disapproved.

Stewards pay for GMM's will apply only to in-person attendance, unless otherwise excused by a full-time officer. A 3971 should be filled out in advance to request scheduling to accommodate meeting attendance.

44th Annual NALC Region 7 Training Seminar

Brothers and Sisters:

The Region 7 office will be conducting its 44th Annual Regional Training Seminar from Monday, March 27th – Thursday, March 30th, 2023.

This year's training will be held at Delta Hotels by Marriot located at 1330 Industrial Boulevard NE, Minneapolis. The Delta Hotels by Marriot is located just across the street from our offices and is conveniently located within a short drive to downtown Minneapolis.

In the event we must cancel the in-person training we will go forward with training in a virtual format. The virtual training will follow the same agenda Monday-Wednesday, but we will not meet and cover the subject matter for Thursday. We will also move the Nation Presentation and NBA Rap Session to Wednesday.

On Monday and Tuesday, we will be offering concurrent Basic Steward Training, Intermediate Steward Training, intensive OWCP Training conducted by RWCA Samantha Hartwig.

Basic Steward Training provides an introductory view of the various responsibilities of the shop steward. Intermediate Steward Training focuses extensively on "Burden of Proof", case presentation and preparing Formal Step A and Step B grievance packages.

The OWCP training will give attendees a better understanding of the OWCP claims process. RWCA Samantha Hartwig will provide training geared towards more complex OWCP issues. The Leadership Forum will dive into issues we will face in the future and explore best practices to put the NALC on solid ground when it comes to our internal leadership.

On Wednesday, we will have an Open Session covering the following topics:

MDA, Food Drive, Customer Connect, DRT Presentation, EAP, Legislation, NBA Rap Session, and a presentation by a National Officer.

Also, on Wednesday night, Branch 9 Minneapolis will host a party honoring Retired NBA Troy Fredenburg. NALC members are welcome to attend the retirement party even if you do not attend the training sessions.

The party will be free to attend, and out of town guests are free to reserve rooms using the reservation information on the next page.

On Thursday, we will have three workshops where we will discuss TIAREAP, Enhanced Remedies, and Arbitration: "A Year in Review".

Depending on which training days you decide to attend. Please write one (1) check payable to NALC for lunches and breaks in the amount of either:

\$188.00 (for Monday – Thursday), or
\$141.00 (Monday – Wednesday), or
\$94.00 (Monday - Tuesday), or
\$94.00 (Wednesday - Thursday)

More information at www.Branch9nalc.com
Questions and Registration contact the Branch 9 Office 612-781-9858

**Branch 9
Ron St. Clair MDA Bowl-a-thon**

Saturday, April 29, 2023

LOCATION

NEW HOPE BOWL
7107 - 42nd Avenue North
New Hope, MN 55427

TIME

5:30-8:30 PM

-
- ◆ 30 lanes of bowling
 - ◆ Teams of 4 - 5 - **FAX your teams including names of the bowlers** to the Branch Office at 612.781.9849
 - ◆ \$40 per bowler - checks made out to Branch 9
 - ◆ \$20 per non-bowler - checks made out to Branch 9
 - ◆ Bowlers will receive 2 games, shoe rental, pizza and a fun filled evening! Cash bar and restaurant on site
 - ◆ Gift Basket Silent Auction, 50/50 and raffle drawings
 - ◆ Contest for best gift basket - Three (3) winning stations will receive donuts
 - ◆ Deadline for registration is **April 21, 2023**
 - ◆ All proceeds will go to MDA

**If you have any questions, please contact
Ronaele Bolden at the Branch office
612.781.9858.**

Branch Nine News
5831 Cedar Lake Road South
St. Louis Park, MN 55416

Change Service Requested

PRSRT STD
US POSTAGE
PAID
TWIN CITIES MN
PERMIT NO. 91964

Stay informed by:

- *Join Veterans Group <https://www.nalc.org/member-benefits/join-the-nalc-veterans-group>
- * Branch9nalc.com (website)
- * "like" our Branch 9 Facebook Page

Contribute to the PAC
The Letter Carrier Political Fund is the anchor for NALC's legislative and political activities.



nalc.org/government-affairs/political-activity

Branch 9 Calendar

January 24

General Membership Meeting
7:00PM
Crystal VFW, Crystal, MN

March 14

Steward Meeting
7:00 PM
Crystal VFW, Crystal, MN

February 9

Cribbage Tournament
10:30 AM
Branch 9 Office

March 27-30

44th Annual Regional Training
Seminar

February 14

Steward Meeting
7:00 PM
Crystal VFW, Crystal, MN

March 28

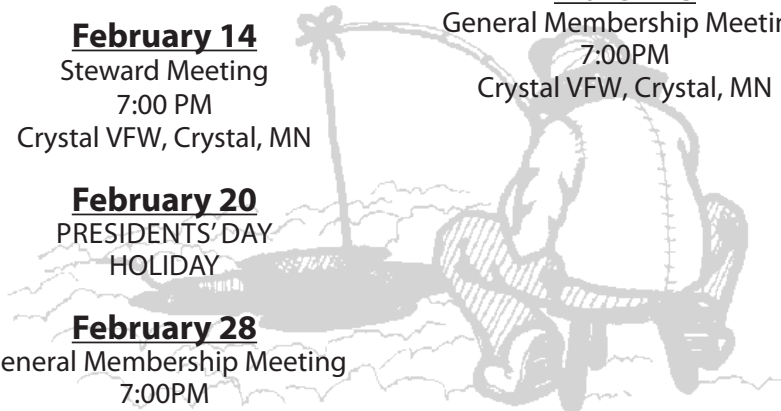
General Membership Meeting
7:00PM
Crystal VFW, Crystal, MN

February 20

PRESIDENTS' DAY
HOLIDAY

February 28

General Membership Meeting
7:00PM
Crystal VFW, Crystal, MN



Northside Retiree Breakfast

1st Tuesday of the Month
9:30AM
Elsie's
729 Marshall St. NE, Minneapolis

N Suburban Retiree Breakfast

1st Friday of the Month
8:30AM
Denny's Restaurant
9020 Quaday Avenue NE, Otsego

Fridley Retiree Lunch

2nd Tuesday of the Month
11:30 AM
Route 47 Pub and Grub
7820 University Ave