

JEROME J. KEATING BRANCH



# BRANCH NINE NEWS

"AN INJURY TO ONE IS AN INJURY TO ALL"

1964

VOLUME 67 No 5

Official Publication of Branch Nine, NALC

June/July 2015

## Union Veterans Council and Affiliates Mark Memorial Day in Wreath-Laying Ceremony at the Tomb of the Unknowns

At the Tomb of the Unknowns at Arlington National Cemetery yesterday, union veterans and members honored the sacrifices of those interred there and of all military service members in a Memorial Day wreath-laying ceremony.

Taking part in the wreath-laying were Pam Donato (National Association of Letter Carriers), Eric Packard (Plumbers and Pipe Fitters), Dan Duncan (AFL-CIO Maritime Trades Department) and Will Fischer, executive director of the Union Veterans Council.

The wreath-laying ceremony was done in partnership with No Greater Love (NGL), a nonprofit, patriotic, humanitarian organization that honors our fallen, their families, our troops and our veterans.

Throughout the year, NGL has remembrance wreath-laying ceremonies at the Tomb of the Unknowns for those who died in all our wars, conflicts and incidents since 1776.

*By Will Fischer a Marine Corps veteran the executive director of the Union Veterans Council*



## RETIREMENTS



*Stewards Lisa O'Neill and Michelle Guzman watch as Chuck Benards makes his last punch at Coon Rapids.*



*Steward Jim Julik congratulates Bob Droen (Elk River) as he makes his last punch.*



*Darrell Maus congratulates Lisa Beckstrom (Minnehaha) on her retirement.*



*Steward Cathy Jones congratulates Charles Rivers (Lake Street) on his last punch.*

## Election Notice

This is an official notice of elections for the officers and delegates of Jerome J. Keating Branch 9 NALC, Minneapolis, Minnesota.

Nominations for the offices of: President; Executive Vice President; Recording Secretary; Financial Secretary; Treasurer; Editor; Sergeant at Arms; NALC Health Benefits Representative; Director of Retirees; three (3) Trustees; Delegates to the 2016 NALC National Convention; five (5) Delegates to the Minnesota, AFL-CIO/Minneapolis Regional Labor Federation (RLF); three (3) Delegates to the St. Paul Regional Labor Federation (RLF) will be held at the September General Membership Meeting on Tuesday, September 22, 2015 at 7:00pm at the Crystal VFW, 5222 56th Avenue North, Crystal, MN 55429.

The term for all offices will be three (3) years beginning in January 2016. The President and Executive Vice President shall be Delegates to the NALC Convention, MSALC State Convention and Minnesota AFL-CIO/Minneapolis RLF by virtue of their office. Candidates must complete the appropriate Letter of Intent and return same to the Recording Secretary at the General Membership Meeting in which they are nominated or within 10 days thereafter; no later than 5:00pm.

Elections for contested officer positions and Minnesota AFL-CIO/Minneapolis or St. Paul RLF Delegates will be by referendum ballot that must be returned to the designated post office box selected by the Election Committee by 9:00am, Tuesday, November 24, 2015. Should an election of delegates to the NALC National Convention be necessary, it will be held at the October General Membership Meeting on October 27, 2015.

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### Branch 9 Officers

**President**  
Mike Zagaros

**Exec. Vice President**  
Darrell Maus

**Recording Secretary**  
JoAnn Gilbaugh

**Treasurer**  
Lisa O'Neill

**Financial Secretary**  
Melia Derrick

**Editor**  
Jeremy Rothstein  
[branch9news@branch9nalc.com](mailto:branch9news@branch9nalc.com)

**Sergeant at Arms**  
Jim Nelson

**Trustees**  
Mike Smith  
Cathy Jones  
Ken Jambois

**Director of Retirees**  
Rodney Anderson  
(651) 270-7807

**NALC Health Benefits Rep.**  
Julie Waldemar  
(612) 963-6252

The Branch Nine News is a monthly publication of NALC Branch 9, and is published in the interest of and for the members of NALC Branch 9.

The opinions expressed by the writers are not necessarily those of the OFFICERS, or of NALC Branch 9.

Articles MUST be submitted to the editor by the 1st of the month, and must be signed. The Editorial Staff reserves the right to edit or refuse to print articles which are derogatory in nature.

Any official NALC organization may reproduce our articles provided appropriate credit is given.



## PRESIDENT'S REPORT

### It's summertime!

The Memorial Day holiday marks the beginning of summer. For many of us, our focus tends to be on family with the kids out of school for the summer and celebrations for graduations, weddings and summer vacations happening. While the weather may be great and we might be thinking about all the fun things we plan on doing when we're not a work, take a moment to make sure that you will be able to enjoy the entire summer. Nothing can ruin summertime plans more than a work related injury. Now that school is out for the summer, that means kids are home and busy enjoying their summer vacation. Carriers need to take that into account when you're on the street because the environment of the route changes during the summer.

Beware of the Dog – Minneapolis is on the top 10 list of cities in the United States for carriers being bit by dogs. The majority of dog bites take place when kids are out of school between Memorial Day and Labor Day.

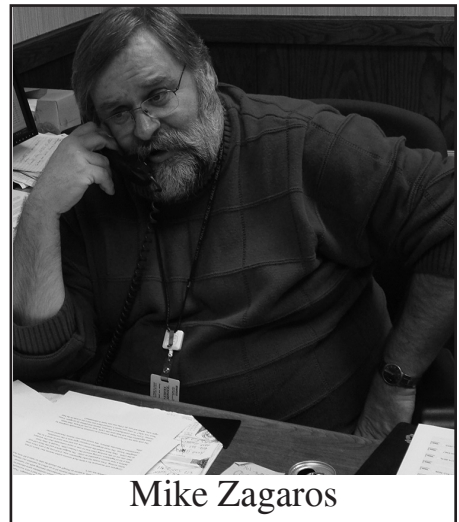
There are a couple of precautions that you can take, that can help reduce the number of dog bites: 1. Make use of the Dog Warning Cards; even if you think you know where the dogs are, others may not. Get into the habit of casing the warning cards.

Summer is peak vacation time. That means every week stations are likely to have 13% or more carriers off of work. That means those routes will be covered by CCAs on hold-downs or split up among several carriers. What that really means is that these carriers prob-

ably will not know where the dogs are and are at risk. A simple heads up that comes from a warning card may mean the difference between being a victim of a dog bite/attack or not. 2. Look for signs around the house that may indicate that there is a dog at this address; look for tie outs, toys, and other obvious signs of a dog(s). Remember, that dogs will naturally seek to protect their owners and property. You are the intruder, even if you have been to this address numerous times be alert, as the animal may not always respond to you the same way. Let's see if we can get off the top ten list for dog bites.

If you are the victim of a dog attack, you need to report it to your supervisor and steward. The policy in Minneapolis is that if there is a dog attack, delivery is withheld until the matter is addressed properly.

OWCP (Office of Worker's Compensation Programs) – If you are hurt at work, you should use the same reporting process outlined above, notify the supervisor when the injury occurs and then see your steward. The first reason for notifying your supervisor is because it is a rule. The second reason for notifying your supervisor is that they are to assist you in ensuring that you get prompt medical attention, get the proper paperwork completed and make sure the correct clock rings are rung so that you are properly compensated. The reason for notifying your steward is to ensure that all of the second reason gets done. I am not saying this to be funny or malicious, there has been a rash of problems associated with



Mike Zagaros

compensation claims and getting the right paperwork completed properly and timely.

If you are injured as a result of something that happened during your shift, that is called a traumatic injury. A CA-1 (Federal Notice of Traumatic Injury and Claim for Continuation of Pay/Compensation) is the proper paperwork that should be filed by the injured carrier or someone on behalf of that carrier if they are incapacitated.

We have created a step by step checklist (page 17) of what should be done in cases of traumatic injuries that you can use to ensure that things are being done properly.

If you are injured as result of something that happened over a period of time, this is referred to as an occupational illness or disease. A CA-2 (Notice of Occupational Disease and Claim for Compensation) that should be filed by the carrier.

Here are some of the problem areas that carriers have encountered recently.

**No Claim Number** – When a carrier completes a CA-1 or a CA-2 and submits it to their supervisor, this starts the process. Make sure to get and keep the receipt of the CA-1 or CA-2 from your supervisor.

*Pres. Report cont'd on page 12*

## **Branch 9 NALC City Carrier Assistant and New Career Employees Meeting**

**DATE:** THURSDAY, JULY 23, 2015

**TIME:** 7:00PM

**WHERE:** Crystal VFW  
5222 56<sup>th</sup> Avenue North (Bass Lake Road)  
Crystal, MN 55429

**WHY:** This meeting provides City Carrier Assistants (CCA's) and new career employees a great opportunity, in an informal meeting setting, to learn more about your rights at work and your future with the Postal Service.

- **Hold-Downs vs. Bidding**
- **Conversion to Career**
- **Using your "Annual Leave"**
- **What is happening to the Postal Service?**
- **Moving from Station to Station**
- **Use of Personal Vehicle**

Because this meeting is informal, Branch 9 CCA's will decide what topics will be addressed through a "Question and Answer" format. The meeting will be led by Mike Zagaros, Darrell Maus and the Executive Board will also be in attendance.

All City Carrier Assistants and new career employees will find the information and camaraderie invaluable, so plan to attend!

This meeting always has a huge turnout and we will provide soda and snacks.

**Remember, if you don't know your rights, you have none!**

Mike & Darrell



## Executive Vice President's Report

### CITY DELIVERY ROUTE ALTERNATIVE ADJUSTMENT PROCESS (CDRAAP)

The adjustment teams are out at stations doing 3999's and also implementing adjustments to routes under the jointly agreed upon process CDRAAP. The Branch has heard the talk on the floors about the values of the 3999 and whether it was done on a light day, heavy day, or normal day and how that will impact a carriers route with the upcoming adjustment.

In the current adjustment process the 3999's are not used for the current evaluation of your route. The route adjustment has two parts to it, one is the current evaluation of your existing route and as I stated previously the 3999 values are not used for that but they are used for the adjustment phase. That is the only value that can be placed on the territory that may change to a different route.

**The CDRAAP process is a joint process and with the REAT (Route Evaluation Adjustment Team) we do have a say and the authority to jointly have input on the outcome.** That is not to say the outcome will be exactly what each and every carrier would like or that the new assignment will resemble the route the carrier previously bid on.

**But putting all the adjustment issues aside we, as carriers, have to remember the DOIS settlement (M-1664) that was signed and agreed upon by both the union and management and I urge every station steward to give a copy of the settlement to every carrier**

**and also post it on the bulletin board.**

Our daily assignment or route is exactly what it consists of on that individual day and the 3996 and 3971 dictates the length of that day, period. The mail volume changes daily and the street conditions change daily and our bodies change daily and these are all factors that dictate the length of your day. Not a route adjustment, not a 3999, and not a DOIS projection.

### STREET TIME

The branch office has also heard from carriers that management is stating how long a route is on the street and that is the only guide that is used based on past daily rings on the route that may have been altered or from a recent 3999. To make this clear there are no street standards.

**In a national level settlement M-00304, the parties agreed there is no set pace at which a carrier must walk and no street standards for walking.** This language was again reinforced in 2011 with a national level settlement. M-01769.

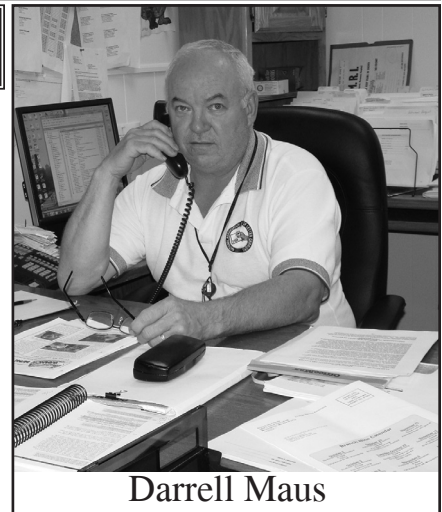
**Here is the relevant language pertaining to street time:**

#### M-00304

*"In keeping with the principle of a fair day's work for a fair day's pay, it is understood that there is no set pace at which a carrier must walk and no street standard for walking."*

#### M-01769

*"...there is no set pace at which a carrier must walk and no street standard for walking."*



Darrell Maus

**Remember management may use any type of program to estimate your daily workload, but it is your request on the 3996 that dictates what you need to complete your assignment for the day.**

### PIVOTING

In the current environment of inconsistent mail volumes, some things are beyond the control of the rank and file letter carriers like the daily workload on any certain route on any certain day. Carriers are aware of the fact that the mail stream is not consistent by any means and with the mailers wanting delivery on certain dates the daily workload varies and will continue to vary.

Currently in our stations management has taken to the practice of paying no attention to the mail curtailed thus requiring carriers to pivot and be back by a certain time no matter what.

**Article 34 of the National Agreement recognizes a fair day's work for a fair days pay and therefore when the workload is light management does have the right to have carriers pivot to fulfill the 8 hours in a day.**



Samantha Hartwig  
Branch 9 /Region 7  
Food Drive Coordinator

# 2015 Stamp Out Hunger

Saturday, May 9th marked yet another successful Stamp Out Hunger Food Drive for Branch 9.

The need for food shelf assistance has not gone away, and with the help of carriers throughout Minneapolis and our AOs we collected 461,664 pounds of food, and \$31,817.03.

All of the food collected this year went to our local food shelves which will be used to help keep their shelves stocked for about four to six months.

The Minnesota Twins once again had us back in the stadium. Our carriers attended a Twins game and were brought down to the field and stood at home plate before the game. The announcers







spoke about our food drive during the game, and several of our carriers were shown on the jumbotron. The food drive promotional video was also shown. In addition to that, the Twins gave us the use of a kiosk during the game to help us promote the food drive.

I want to say thank you to the Minnesota Twins for the tickets and for their support.

I would also like to thank everyone who helped during Food Drive Week, and give a very special thank you to the carriers for helping out during the food drive on Saturday, May 9th.

Collecting food and delivering the mail is not an easy task, but your efforts are very much appreciated by Branch 9 and the members of our communities.

Looking ahead to 2016 we are always looking for ideas on how to increase our poundage and ways to continue helping our communities.

Every year, the second Saturday in May is our time to do something amazing in our communities, and that is take part in the largest one day food drive in the Nation.

If you are interested in helping out with the food drive (from volunteering to promoting Stamp Out Hunger) please contact the Branch 9 Office.

Again thank you for all of your hard work during this years food drive.





## Director of Retirees

I start this article with an apology. I badly screwed up a phone number a few issues ago, probably the most important phone number regarding your retirement. It was the number for our "boss", our manager, our lord and master: the Office of Personnel Management. **The correct number for OPM is 1-888-767-6738.**

In that article of useful phone numbers, I left off the "8". I suppose I had proofread the article about ten times and knew what I intended to say, and yet my eyes just didn't catch the error before it went to press. Mea culpa, my apologies.

While I'm on the subject, calling OPM can be a very frustrating experience. Mike Zagaros — who has called OPM hundreds of times — suggests you do so on Tuesday afternoons. Your chances of getting through are better.

It was important that I previously included in my article the phone numbers for my retired sisters and brothers who don't have access to the internet.

Now, I'd like to provide some sites for my retired comrades (or those contemplating retirement) who do, be it in the form of a computer, tablet, or smart phone.

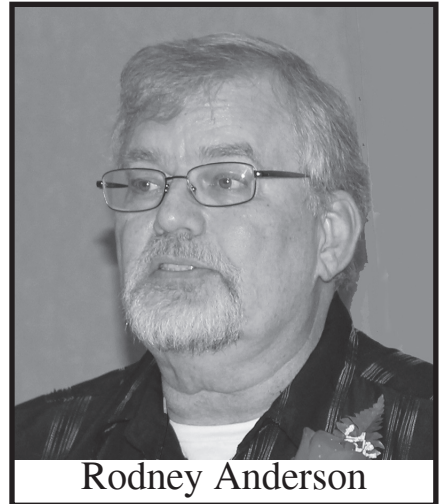
If you are still employed and contemplating retirement, may I suggest the Post Office's **Lite Blue site [www.liteblue.usps.gov/wps/portal](http://www.liteblue.usps.gov/wps/portal)**. This has a number of retirement resources, from requesting an annuity estimate to viewing videos on retirement.

Once retired, however, you are severed from the internal USPS system. Your best bet is to go to our new "boss", the **Office of Personnel Management (OPM) [www.opm.gov/retirement-services/](http://www.opm.gov/retirement-services/)**. This website has a wealth of information, and you can manage all of your withholdings, check your health benefit status, life insurance, etc.

For those of you with a **Thrift Savings account, go to [www.tsp.gov](http://www.tsp.gov)** to manage your money, change your investments, etc.

**Social Security and Medicare** have their own sites which you can access at **[www.socialsecurity.gov/retirement/](http://www.socialsecurity.gov/retirement/)** or of course if your questions are strictly about Medicare, you can go to **[www.medicare.gov](http://www.medicare.gov)**

You can also go to the **NALC** site which has many resources both for those contemplating retirement and for those who are already



Rodney Anderson

retired. This is just another of the services we offer our members even past their working lives. Go to **[www.nalc.org/workplace-issues/retirement](http://www.nalc.org/workplace-issues/retirement)**

To make the list complete the **Postal Service** has a website **[www.keepingposted.org](http://www.keepingposted.org)** for retired employees. Just beware because this site is run by postal management, so its usefulness is suspect. Believe at your own risk.

### In Memoriam

Roy Eide  
Howard Lamson  
Paul Traynor

### Welcome New Members

Danyetta Chea  
Jeremy Taylor



Br. 9 Retired Letter Carrier  
Kerry Herdine  
Home: 952.854.2655  
Cell: 612.805.8407

## AME'S UNIFORMS

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We offer "Life of the Garment" guarantee.

If fixable we will repair your uniform at no cost to you.

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Ame's Uniforms are a UNION PREFERRED vendor



Throwback cover of the Branch 9 News from November 1933. This was the second year of the publication and the fourth issue of that year. The very first issue of the Branch 9 News was published in August 1932.

The current look of the Branch 9 News with the masthead you still see today was first introduced in May 1964, and Howard Asp was commished to create our new masthead.

The Branch 9 News has won several awards for its publications throughout the years: Best Publication, Best Special Edition, Best cartoonist and several National awards for articles written.

The editors and faces of the paper have changed throughout the years. But, the main purpose is unchanged, and that is to keep our membership informed.

Jerome J Keating



**UNIFORMS UNLIMITED**

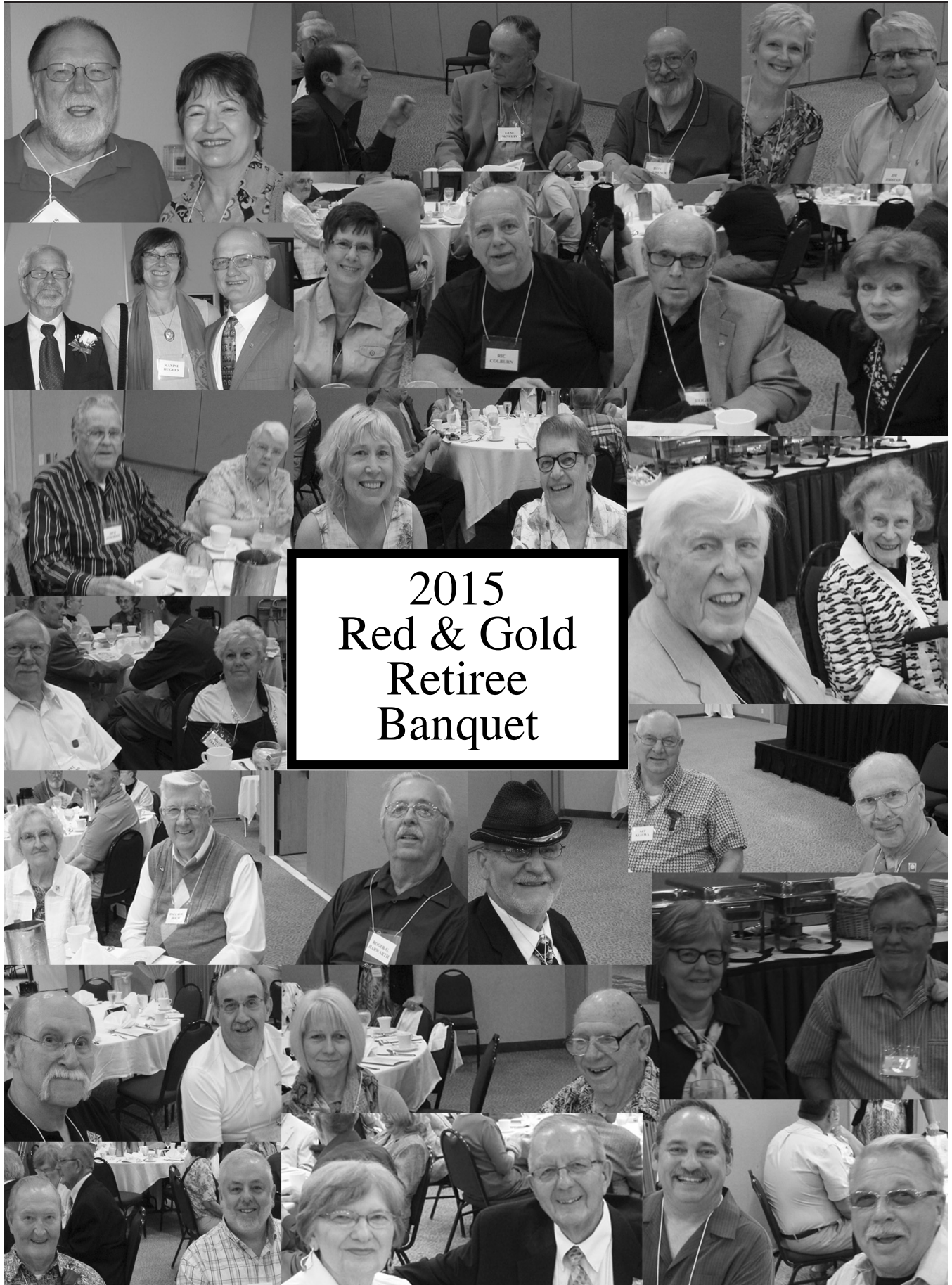
Minneapolis  
2220 Lyndale Avenue South  
Minneapolis, MN 55405  
612-377-0011

**The Twin Cities Postal Headquarters**

USA  
Union preferred

St. Paul  
935 N. Dale Street  
St. Paul, MN 55103  
651-224-7567



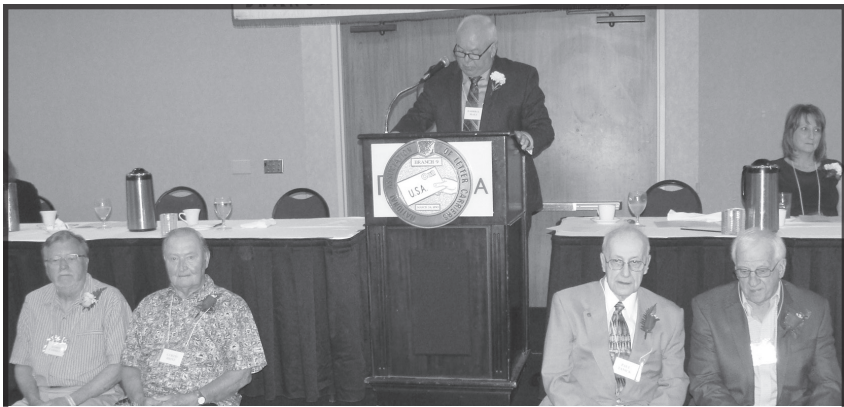




The Branch 9 1970 Strikers



**Branch 9 Retiree of the Year Jim Magnuson**  
The National Director of Retired Members, Ron Watson and Branch President Mike Zagaros presented Jim with his award.



(L-R) 60 year member James Cassell, 50 member Curtis Britz, 60 year members Paul Tanick and Joseph Stanek.



Gold cards and pins were presented to our 50 & 60 year honorees by Ron Watson and Mike Zagaros.



Ron Watson, National Director of Retired Members receives a 'thank-you' gift from Branch 9 for being our 2015 Red & Gold Retiree Banquet Guest Speaker.



(Top) Mike Smith, Bob Baird, Ned McCraine, Joel Carter, & Jim Nelson (right) Darlene Smith, Ann Baird.



**VP Report cont'd from page 5**

Pivoting is management's way of utilizing the under time on a route(s) and to have carriers work off of their assignment and perform office or street duties on a vacant route due to staffing issues or if a carrier is absent.

Pivoting does not change the provisions of Article 41 of the National Agreement which states carriers are to work their assignments as bid and then they can do the pivot. **Management may curtail mail on vacant routes that are to be pivoted off. They may also curtail mail on the carrier's assignment** so that they can pivot on that day as long as the delivery time standards on the curtailed mail is still accomplished.

If you are asked by management to pivot and you believe it is more than you can do in 8 hours, request a 3996, for the time and inform management of the reason you feel you cannot do the pivot.

If management denies your request for auxiliary assistance then ask for instructions on what to do when you become aware of not being able to complete the work in 8 hours. As always if any instruction is not clear or other issues arise, ask for time to speak with your steward.

**SAFETY**

Carriers are not able to control the fluctuating mail volume or weather and street conditions that we face on a daily basis. The one thing that we are in total control off is our safety. We have to be diligent and aware of things happening in and around us at all times.

This not only involves when we are "on the clock" but just as important in our private lives when we are enjoying time off work and engaging in travel or hobbies.

Here's hoping you have a safe and wonderful summer.

**Pres Report cont'd from page 3**

This is your proof that you notified management of your injury. You should receive an acknowledgment from the Department of Labor (within 21 days) stating that they have received your claim. There will be a file number listed at the top of every page. This is your claim number and it should be given to your medical provider so that bills can be paid. If you don't receive this number contact the Branch Office as your claim has not been processed.

**Bills haven't been paid** – The primary reason for bills not being paid has to do with the diagnostic codes that doctors are using and what conditions have been accepted by OWCP. Once you claim has been accepted, there will be a listing of what conditions have been accepted. If you doctor bills for something with a code that has not been specifically accepted your bill will not be paid. All bills should be submitted to the Department of Labor not your station management. If you have issues with bills not being paid contact the Branch Office.

**I haven't been paid** – If you have a traumatic injury (CA-1) and are unable to work, you are (with very few exceptions) entitled to continuation of pay for the first 45 calendar days after your injury but, your first three days must be leave (annual or sick) or LWOP. If you are still missing work after the 45 calendar days, you must file a claim for compensation (CA-7). If you are missing time for a CA-2 type of injury/illness there is no compensation until your case has been accepted and then you must file CA-7 for the compensation.

There is no continuation of pay for occupational injuries/illnesses. If you have issues with your pay as

the result of an injury contact the Branch Office.

Worker's compensation for letter carriers is different than the private sector. The same rules do not apply. The important thing to remember is to ask questions.

It was a busy spring for Branch 9, and I want to first thank all the volunteers who made these events the success they were. Elsewhere in this issue are pictures from these events. I want to take a moment to thank the chairs of these events: Carol Garnto & Joe Rian for the MDA Bowl-a-thon, Muscle Walk and the Welcome Dinner at the MDA summer camp; Rodney Anderson for the Retiree Banquet, Samantha Hartwig & Ron Bursch for the Food Drive and Barb Rimer for the Safe Driving Award program.

I hope that you are enjoying your summer, be safe and be on the lookout for safety hazards.

The following is a list of Paid Members of PAL 9 for May & June

**Very Concerned Members**

Stephen Boughton  
Jane C Hoffman-Weis  
Kieran Hughes  
Eugene R Keyes  
Howard Lamson  
( Donated by Shirley B Schmidt )

**Concerned Member**

Allan Gulden  
Craig L Hanschen  
Robert W Masuda  
Gene McNulty  
Joseph Steckler Jr

Ron Lawrence  
Treasurer PAL 9

## ***Retirees show your Labor Presence Saturday, August 29 10AM - NOON***

The Democratic National Committee's Seniors Coordinating Council will be meeting at the Minneapolis Hilton on Saturday, August 29th from 10AM until Noon.

AFL-CIO Executive Vice-President Emeritus Linda Chavez Thompson, will be speaking and is asking Minnesota union retiree organizations to help build attendance at this meeting to demonstrate the importance of senior voters and raise up issues of concern to retirees up issues to retirees and their families.

## **WILL YOU GIVE THEM THE SHIRT OFF YOUR BACK?**

As many of you know, Branch 9 has for many years collected new and gently used uniforms for our new members. These new members will come into our office to get enough uniform items to ensure that they looked like a professional letter carrier representing the USPS and the NALC on the street.

During New Employee Orientation the Branch lets new employees know that if they sign up with the Union they will be allowed to go to the Branch office and take the donated uniforms free of charge. This is a big selling point for new employees and it also lets them know that we, as a union, are willing to help them start their career as a letter carrier.



If you have any gently used, clean, current uniforms that you would like to donate, please give them to your steward or you can drop them off at the Branch 9 office during normal business hours. Also, if you would like to donate a portion or all of your uniform allotment but you are not sure what to buy, call the Branch office and someone will be glad to help you.

***As it stands we are out of donated uniforms.*** If everyone would donate just one shirt, one pair of pants etc., we could restock our uniform supplies.





Carol Garnto  
MDA Co-Chair

The 2015 Ron St. Clair MDA Bowlathon was a huge success and participation (20 teams) by our members and their families and friends went beyond our expectations.

This years Bowlathon raised \$10,000 dollars! This money was presented to the local MDA chapter and will be used to provide opportunities for



children to attend a MDA summer camp. This camp has specially trained camp counselors who are knowledgeable of the challenges and limited mobility a child with a muscle disease has. During the week of camp the children are given an opportunity to experience the wonders of nature, swim in a lake and enjoy evening campfires.

Anyone that wanted to pay the registration fee was able to enjoy 2 games of bowling at the New Hope Bowl, and feast on tasty pizza topped with a lot of cheese

and just the right crunchy crust. There was also an opportunity for libations. Everyone in attendance seemed to enjoy the fun filled evening of laughter, bowling and emptied their pockets of cash for a worthy cause and some great prizes.

The 50/50 Drawing was popular and many of the winners donated their half of the winnings to MDA. There was also raffle items to win. Our volunteers kept the Bowlathon moving and there were even some spur of the moment volunteers that were quickly put to work by the old timer volunteers. There were husband/wife teams, retirees, e-board members and many of our members helped to make sure the evening ran smoothly.

Each Branch 9 station was asked to donate a basket for the silent auction. There was a large variety of baskets to bid on (sports themes, homemade crafts, alcohol, entertainment, and food). As the night progressed people were bidding on the Silent Auction baskets and you could see the bidders casually going back to check that they still had the winning bid on the items they wanted. We even had a few bidding wars

The winner of the Most Useful basket was the Richfield Station barbecue basket that included a wonderful homemade sauce. The winner of the Most Unique basket was the Lowry Station dog and cat pet theme (we've never had that type of basket before). Last but not least, the winner of the Most Daring basket was the Andover Station Pilates-special treatment establishment. Each winning office feasted on sugary doughnuts brought to their stations by Mike and Darrell.

The Lane Sponsors (see Page 15) brought in \$2,560. Special thanks goes to: The American Postal Workers Union (APWU), Betts & Hayes Ltd, Certified Public Accountants, Coordinated

Business Systems LTD, D.T. Meisinger Development Inc., Ernest Fink Agency Inc., Minneapolis Regional Labor Federation, MN State Association of Letter Carriers (MSALC), St. Paul Regional Labor Federation, Union Bank and Trust, and Gene McNulty. There was also an anonymous donation of \$900, and also several smaller donations.

Joe Rian and I truly thank everyone that volunteered, donated items for the baskets, bowled, attended and/or participated in the events and offered ideas on making the 2016 Bowlathon even more successful.

### Branch 9 goes to camp.

Camp Courage is an MDA summer camp for kids with neuromuscular disease discover a world created specifically for them, and meet many other kids sharing the same needs and experiences. MDA campers dream about summer camp all year.



<p align="center"><b>Branch 9 thanks the following 2015 MDA Lane Sponsors.</b></p> <p><b>They supported our letter carrier cause. Let's return the favor and support their businesses!</b></p>	<p align="center"><b><u>AMERICAN POSTAL WORKERS UNION</u></b> 1234 4<sup>th</sup> Street NE Minneapolis, MN 55413 612.623.0677 <a href="http://www.apwu.org">www.apwu.org</a></p> <p align="center"><b>APWU</b> <small>American Postal Workers Union, AFL-CIO</small></p>
<p align="center"><b><u>BETTS &amp; HAYES</u></b> Certified Public Accountants 801 Meander Court Medina, MN 55340 763.478.3169 <a href="http://www.betts&amp;hayes.com">www.betts&amp;hayes.com</a></p> <p align="center"></p>	<p align="center"><b><u>COORDINATED BUSINESS SYSTEMS LTD</u></b> 851 West 128<sup>th</sup> Street Burnsville, MN 55337 952.894.9460 <a href="http://www.coordinated.com">www.coordinated.com</a></p> <p align="center"> <b>COORDINATED BUSINESS SYSTEMS</b></p>
<p align="center"><b><u>D.T. MEISINGER DEVELOPMENT, INC.</u></b> Contractor David Meisinger - Owner 612.366.1361 <a href="mailto:dtmeisingerdev@yahoo.com">dtmeisingerdev@yahoo.com</a></p> <p align="center"></p>	<p align="center"><b><u>ERNEST I. FINK AGENCY INC</u></b> 1729 Carroll Avenue St Paul MN 55104 651.646.1881 <a href="http://www.finkagency.com">www.finkagency.com</a></p> <p align="center"><b>ernest i. FINK agency</b> Business and Personal Insurance</p>
<p align="center"><b><u>MPLS REGIONAL LABOR FEDERATION</u></b> 312 Central Avenue Suite 542 Minneapolis, MN 55414 612.379.4206 <a href="http://www.minneapolisunions.org">www.minneapolisunions.org</a></p> <p align="center"></p>	<p align="center"><b><u>MN STATE ASSOCIATION OF LETTER CARRIERS</u></b> (MSALC) PO Box 1061 Austin, MN 55912 <a href="http://www.msalc.org">www.msalc.org</a></p> <p align="center"> <i>Minnesota State Association of Letter Carriers</i></p>
<p align="center"><b><u>ST. PAUL REGIONAL LABOR FEDERATION</u></b> 411 Main Street, Suite 202 St Paul, MN 55102 651.222.3787 <a href="http://www.stpaulunions.org">www.stpaulunions.org</a></p> <p align="center"></p>	<p align="center"><b><u>UNION BANK &amp; TRUST</u></b> 312 Central Avenue SE Minneapolis, MN 55414 612.379.3222 <a href="http://www.ubtmn.com">www.ubtmn.com</a></p> <p align="center"></p> <p align="center"><b>COMMUNITY BANKING IN THE HEART OF THE TWIN CITIES</b></p>

## BRANCH 9 2015 SCHOLARSHIP DRAWINGS

### JEROME J. KEATING/AUSTIN B CARLSON - \$2,000.00

		<u>School Attending</u>	<u>Parent</u>	<u>Work Location</u>
<i>Winner</i>	Tenzin Jangchup	Gustavus Adolphus	Tsering Thatsekhangsar	Lake Street
<i>1st Runner-Up</i>	Amber Davis	U of WI - Platteville	Debra Davis	Richfield
<i>2nd Runner-Up</i>	Bailey Hecksel	Alexandria Tech College	Troy Hecksel	Chanhassen

### WALTER E. COULLARD/EUGENE P. McNULTY - \$2,000.00

		<u>School Attending</u>	<u>Parent</u>	<u>Work Location</u>
<i>Winner</i>	Madison Lutz	N. Hennepin Comm. College	Barb Lutz	B. Center
<i>1st Runner-Up</i>	Madison Kunshier	Concordia Univ – St. Paul	Thomas Kunshier	Fridley
<i>2nd Runner-Up</i>	Rachel Nelson	Unknown	Robert Nelson	Coon Rapids

### J. WESLEY WOODS - \$1,000.00

		<u>School Attending</u>	<u>Parent</u>	<u>Work Location</u>
<i>Winner</i>	Luke Brusletten	University of MN	Ronald Brusletten	Edina
<i>1st Runner-Up</i>	Kunga Chime	University of MN	Thupien Khangsar	Richfield
<i>2nd Runner-Up</i>	Rachael Moore	Arizona State University	Nanette Moore	Eastside

### LEONARD A. LARSON/BARRY J. WEINER - ADULT SCHOLARSHIP - \$1,000.00

		<u>Position</u>	<u>Work Location</u>
<i>1st Winner</i>	Joe Maloney	CCA	Richfield
<i>2nd Winner</i>	Angelina Brown	Active Carrier	Brooklyn Park

Dear Branch 9 NALC,

I would like to thank you for awarding me this scholarship. I will not take it for granted, but I will use it to further my education in my future plans.

My Name is Tenzin Jangchup and I am a graduate of Columbia Heights High School. I plan to attend Gustavus Adolphus College in the fall and possibly major in Biology or Environmental Studies.



Join Branch 9 for  
“The Great Minnesota  
Get-Together”

**August 27 - September 7**

2 shifts available:

9:00AM - 1:00PM

1:00 - 5:00PM

**Call the Branch Office or talk to  
your steward to sign up.**





### Injured Carrier Checklist

\_\_\_\_\_  
Name of Carrier Date of Injury

Was the Injury caused by a specific event \_\_\_\_\_  
(If yes complete CA-1 follow instructions below) Yes No

**Step 1 – Report Injury**

Immediately report Injury to Supervisor \_\_\_\_\_  
Name of Supervisor and Date Reported

**Request the following forms:**

CA-1 (Report of Injury must be supplied immediately) \_\_\_\_\_

A CA-16 signed by management (Authorization for Treatment must be supplied within 4 hours) \_\_\_\_\_

CA-17 (Duty Status Report must be supplied immediately w/ left side completed) \_\_\_\_\_

**Step 2 - Paperwork**

Fill out CA-1 yourself (if immediate medical attention is not needed) \_\_\_\_\_

Request COP or S/L (if COP is requested the first 3 days must be sick or annual leave) \_\_\_\_\_

Sign & and give completed CA-1 to Supervisor and get receipt on page 4 of CA-1 \_\_\_\_\_

**Step 3 – Seek Medical Attention**

Bring CA-16 & CA-17 with you to your medical appointment \_\_\_\_\_

If you are seen by a PA (physician’s assistant or CNP (Nurse Practitioner) all medical reports must be countersigned by MD \_\_\_\_\_

Have your medical provider complete right side of CA-17 \_\_\_\_\_

Initial Medical Report must be provided within 10 days \_\_\_\_\_

**Follow the restrictions of your Doctor**

**Step 4 – Dealing with OWCP**

Receive Claim number from OWCP within 21 days (if not contact the Branch Office) \_\_\_\_\_

OWCP Request’s for more information – You have 30 days to submit the information requested. Any questions contact Branch Office \_\_\_\_\_

Acceptance letter – When your case is accepted, the letter will identify those conditions that are accepted along with proper coding (payment for other conditions may be denied) \_\_\_\_\_

Denial Letter – Contact the Branch Office to discuss your appeal rights as some options have different time limits \_\_\_\_\_

## Ken Wehr goes “Above & Beyond”...

30 plus year letter carrier and Branch 9 member Ken Wehr (Thomas Burnett Station) was delivering his route on January 5, 2015 when he saw a woman had fallen on the ice and hit her head on the pavement.

Ken took immediate action by getting napkins from his truck and applying pressure to her wound. She looked as if she might need stitches so Ken asked if she wanted him to call an ambulance. The woman stated that she did not need immediate medical attention.

Ken then helped the woman back to her home so she could contact her daughter.

Ken returned a short while later that day to check on her. The following day he went to see her again and was informed that she had been taken to her doctor because she needed stitches.



Chris Wittenburg, (Region 7 Business Agent) and Mike Zagaros present Ken Wehr an “Above and Beyond” Award and an NALC Hero Pin.

Ken has been very surprised by all the attention he has received.

He does not feel that he did anything special. *“I just did what anyone would do for another person.”*

Thank you Ken for going that extra step. You truly are deserving of the Branch 9 Above & Beyond Award!

If you have a story (like Ken’s) about someone at your station that you think deserves the Above & Beyond Award, please let us know by contacting us at the Branch office.

### Request for Annual Leave Donations USPS Annual Leave Sharing Program

The following list of carriers are incapacitated for available Postal Service duties.

**RICHARD A BURKE**- City Carrier at the Thomas Burnett  
LSP# 15-4E-553-1024

**GREG E GREENWELL** - City Carrier at Coon Rapids  
LSP# 15-4E-553-1131

**ROBIN T PIERSON** - City Carrier at Powderhorn  
LSP# 15-4E-553-0985

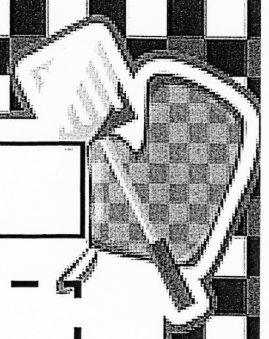
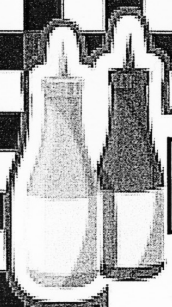
**MICHAEL WILLIAMS** - City Carrier at Robbinsdale  
LSP# 15-4E-553-1195

Any Northlad District Career, CCA, MHA or PSE employee who is interested in donating earned annual leave may access PS Form 3970-D, *Request to Donate Leave* at <http://blue.usps.gov/formmgmt/3999.htm>.

An Employee may also contact (a) the immediate supervisor, (b) the HR Shared Service Center at 1-877-477-3273, option 5; or (c) a union representative to request this form.

Mail PS Form 3970-D, *Request to Donate Leave*, with Parts I and II completed to:

Attn: Leave Share Coordinator  
HR Shared Service Center  
Compensation and Benefits  
PO Box 970400  
Greensboro NC 27497-0400



# BRANCH 9 Picnic

SUNDAY, AUGUST 9th

10:00AM to 5:00PM

ELM CREEK PARK RESERVE

ACORN SHELTER

2400 JAMES DEANE PARKWAY

MAPLE GROVE, MN 55369

**FRISBEE GOLF**  
Cost \$4.00

**SWIMMING**  
Cost \$4.00

**Kid's Games**  
Water Balloon Toss  
Relay Races  
Large Play Area  
Face Painting and  
MUCH MORE

**VOLLEYBALL**  
LUNCH to be served at  
1:00PM

## BRANCH 9 Picnic Registration Form

Return Registration Form to Branch 9, 2408 Central Avenue NE, Minneapolis, MN 55418

Name: \_\_\_\_\_

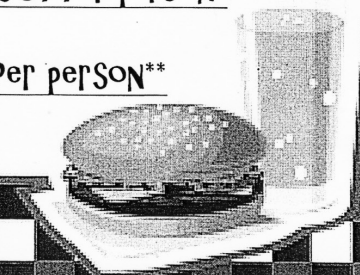
Station: \_\_\_\_\_

Total # people: \_\_\_\_\_

Total \$: \_\_\_\_\_

**\*RSVP FROM NOW UNTIL JULY 1st For JUST \$2.50/Per person\***

**\*\*RSVP after JULY 1st the cost is \$5.00/Per person\*\***





Branch Nine News  
2408 Central Avenue NE  
Minneapolis, MN 55418-3712

Change Service Requested

PRSR STD  
US POSTAGE  
PAID  
TWIN CITIES MN  
PERMIT NO. 91964

**2015 Branch Elections see Notice on Page 2.**

Stay informed by:

- Signing up for E-activist at NALC.org
  - Branch9nalc.com (website)
- “like” our Branch 9 Facebook Page
  - Follow us on Twitter



## Branch 9 Calendar

### July 14

Southside Retiree Breakfast  
9:00AM  
Fred Babcock VFW  
6715 Lakeshore Drive, Richfield

### July 14

Steward Meeting  
7:00PM  
Crystal VFW  
5222 Bass Lk Rd, Crystal

### July 23

CCA & New Career Mtg  
7:00PM  
Crystal VFW  
5222 Bass Lk Rd, Crystal

### July 28

Nokomis Retiree Breakfast  
9:00AM  
Fred Babcock VFW  
6715 Lakeshore Drive, Richfield

### July 28

General Membership Meeting  
7:00PM  
Crystal VFW  
5222 Bass Lk Rd, Crystal

### August 4

Northside Retiree Breakfast  
9:30AM  
Elsie's  
729 Marshall St. NE, Minneapolis

### August 7

N Suburban Retiree Breakfast  
8:30AM  
Denny's Restaurant  
9020 Quaday Avenue NE, Otsego

### August 9

Branch 9 Picnic  
10 AM- 5PM  
Elm Creek Park- Acorn Shelter  
2400 James Deane Pky  
Maple Grove

